



# SBH Scotland

Dedicated support when  
it's needed the most

**Annual Report**  
2023

Spina Bifida  
Hydrocephalus  
Scotland





# Contents

<b>Spina Bifida Hydrocephalus Scotland</b> .....	Page 04
<b>Welcome from SBH Scotland’s Chairperson, Dr Margo Whiteford CBE</b> .....	Page 05
<b>Chief Executive’s Report</b> .....	Page 06
<b>Bridging the Gaps</b> .....	Page 10
<b>Focus on Finance</b> .....	Page 12
<b>The power of Support and Social Groups; Empowering Lives</b> .....	Page 14
<b>Ageing with Spina Bifida and Hydrocephalus</b> .....	Page 16
<b>Spina Bifida Study Day</b> .....	Page 17
<b>Sharon’s rolling challenge</b> .....	Page 18
<b>Fundraising</b> .....	Page 20
<b>Spiney the Diney Stomps into Schools</b> .....	Page 22
<b>Summarised Accounts</b> .....	Page 24
<b>Thanks</b> .....	Page 26





## Spina Bifida Hydrocephalus Scotland

For over 57 years Spina Bifida Hydrocephalus (SBH) Scotland has been a rock, providing a lifetime commitment of support and information to all those affected by these rare, complex disabilities including family members, carers, education and healthcare professionals. We are the only charity in Scotland with a remit to support these conditions specifically and as such this makes us a lifeline for many.

Our range of support starts ante-natally and continues through every stage in life. We believe in inclusion and empowering all those with a disability to live as independent a life as possible. Your support can make that happen.

**Thank you.**

“

*For us as parents having the charity in our lives means we don't feel alone.*

## Welcome from SBH Scotland's Chairperson, Dr Margo Whiteford CBE

I am honoured to present to you the Annual Report for Spina Bifida Hydrocephalus Scotland; reflecting on a year that as it moves further away from the devastation caused by Covid-19 welcomed some semblance of normality in the form of a welcome return of groups across Scotland, more new families being welcomed into the charity and new services launching.

However, the new challenges posed by the cost of living crisis meant there's been no time to be complacent – quite the opposite. In the face of more adversity, our team have reviewed strategy and services, remained strong and demonstrated a level of commitment that is truly inspiring. Our staff have gone above and beyond to ensure that our beneficiaries receive the care and assistance they need. Their empathy and dedication remain the bedrock of our organisation's success, and I extend my heartfelt gratitude to each and every one of them for their invaluable contributions.

Our CEO, Andrew H D Wynd and our board members, too, deserve commendation for their strategic guidance and unfaltering commitment to our cause. Their collective expertise and visionary leadership have paved the way for innovative solutions, enabling us to adapt to the evolving needs of our community. Their support has been instrumental in steering us through the challenges that the past year has presented.

Amidst the prevailing cost of living crisis, our ability to provide essential

support to those in need is a testament to our organisation's resilience and resourcefulness. Despite the financial constraints, we have not wavered in our mission to stand by our community members; empowering them to take control of their lives and be as independent as possible.

As we reflect on the achievements of the past year, let us also acknowledge the road ahead. Challenges may continue to arise, but I am confident that with the continued dedication of our team, the steadfast support of our board members, and the unwavering generosity of our supporters, including trust and grant making bodies, we will navigate these challenges and continue to grow in strength.

Together, we will strive for a more inclusive and compassionate society, where every individual's well-being is valued and safeguarded. Thank you for being an integral part of our journey.



**Margo L Whiteford CBE**

Chairperson

A handwritten signature in black ink that reads "Margo L. Whiteford." The signature is written in a cursive, flowing style.



# Chief Executive's Report



## Significant Activities

Scotland wide, our charity continues to provide a high-quality Family Support and Clinical service for all individuals affected by spina bifida or hydrocephalus, of all ages, as our core activity.

Our focus remains on early intervention, family support and the delivery of a specialist suite of clinical services including health and wellbeing specialist Nurses and Counselling support. And, our key priorities are the delivery of age-appropriate services which encourage independence and self-management.

Innovation and research, which supports our evidence based innovative projects and services for children, young people and families affected by spina bifida or hydrocephalus, are also increasingly valued and continue to inform our service development strategy.

“

*Since being involved [with SBH Scotland] it's been a massive part of who we are.*

# Achievements and Performance

## Charitable Activities

To March 2023, planned income streams followed a similar trajectory to that experienced in the previous year. Despite this, we are pleased to report a healthy year financially, due, in no small part, to legacy income, as well as prudent management of expenditure during the year, despite significant increased costs in utilities at both the Dan Young Building and Rebecca Cottage.

A priority over the year has been to focus on building stronger fundraising and administration support to ensure a stable infrastructure for future operational service developments. In addition, we focussed on organisational sustainability and carbon footprint and emissions in order to plan for a more efficient and responsible operational model for the organisation in future years.

We continue to utilise our significant experience in digital solutions for service delivery with remote support through increased telephone calls, emails, messaging and video conferencing services. The introduction of a 'Lived Experience Forum' for service users to have direct access and influence to future planning has relied heavily on video conferencing to ensure accessibility to all those interested in this work, irrespective of geographical location.

The creation of 3 distinct Family Support teams in the North, West and East has enabled staff to provide an appropriate and varied range of services for families and individuals dependent on local need.

We are also delighted to launch a Financial Support service in collaboration with Citizens Advice Scotland. This new service started at the end of 2022 and is already positively benefiting families.

Thanks to funding from The National Lottery Community Fund 'Improving Lives' we are also delighted to welcome Xander Lyons to our East Team, as Young Peoples Transition Worker. Xander will take the lead in supporting children and young people through the transition from paediatric to adult health and social care services in the East of Scotland.



“

*We have a real sense of community with other SBH Scotland members. It's difficult thinking of our lives without them being in it.*



Our Clinical, Innovation and Research team continue to provide a specialist nursing and allied health professionals service throughout Scotland. We have expanded our Counselling service through the addition of Counselling Students on placement with us, supported by our Health and Wellbeing Counsellor, Kevin O'Donnell, and also the recent appointment of Marion Hird as Specialist Nurse in the North to support Caroline Robertson across the central belt.

Our Research interests remain strong with support from Sharon Levy from University of Edinburgh who was pivotal in organising and facilitating our Clinical Training day for NHS colleagues on latest developments in in-utero surgery where we were delighted to welcome Jan Deprest from Belgium to address the meeting. We are currently finalising plans for the international SRHSB conference to be held in Stirling in June 2023 where we hope to welcome scientists and clinical colleagues who have a particular interest in spina bifida and hydrocephalus research. Iona Campbell continues to support our Innovation projects work which has delivered additional benefits to service users through the creation of workshops and guides on a wide range of topics.

We continue to be successful in developing mutually beneficial relationships with Glasgow University, Glasgow Caledonian University, and Edinburgh Universities, across a number of projects. This has resulted in students

being placed with us from Occupational Therapy and Business Management courses. In recent months we have commenced Student placements for Nursing and paramedic students. Initial feedback has been very positive from University, students and service users who have been involved in a wide range of placement activities.

A major achievement has been the work with two of the 4 major Health Boards in Scotland which has resulted in NHS Greater Glasgow and Clyde and Lothian approving an Information Sharing Agreement with SBH Scotland. This is the first of its kind in Scotland where Health Boards have signed up to a formal information sharing agreement with a third sector organisation. This will greatly enhance our ability to provide a more seamless health and social care service for patients of all ages in these respective areas and validates the use of digital technology through our Mycarepod app to place the patient at the heart of their health and social care journey. It is hoped that other Boards will sign up to this agreement in the coming months.

The staff Health and Wellbeing Group continues to flourish with its main aim to ensure that the organisation is actively seeking views from staff on how best we may support staff and ensure they feel valued as well as making sure there are opportunities for them to continue to contribute to our quality improvement agenda.

At a strategic level, the Board have agreed to extend the membership of its various committees to ensure Board members have an opportunity to engage and contribute in a more detailed way across key areas of governance and operational responsibility.

As a first step it agreed to create a Nominations Committee whose main remit is to regularly review the committee structure within the Board and to make recommendations to the Board on committee formation, structure and membership.

This action has resulted in all Board members now being involved in at least one sub committee and the formation of a Lived Experience Forum. This Forum is open to all service users to meet regularly and to have an opportunity to engage directly with Board representatives on future planning and development within the organisation.

A Clinical Governance Committee has also been expanded in membership. This group will continue to ensure that our organisation has strong clinical governance in place and is focussed on delivering quality evidence based services.



## Future Plans

A key development over the coming year will be to further examine ways in which we can move towards greater sustainability, reduce our carbon footprint and where possible, reduce our expenditure across our utility costs which have experienced a significant increase in the past 12 months.

Due to anticipated Senior Management changes in the coming year the Board will prioritise a review of its strategic development plan to identify areas for priority focus. In particular it will focus on how it will support service delivery, now that our income generation and administrative support teams are at the required capacity.



Andrew H D Wynd MBEV | Chief Executive



“

*When my son first got his wheelchair. He felt like he was the only person that used one. Then to come here [SBH Scotland] and see other children using wheelchairs and walking sticks it made him feel more confident in his own abilities; made him feel like he wasn't alone.*

## Bridging the Gaps

A cornerstone of our work lies in our commitment to bridge the gaps of inequality, felt by our service users, in health and social care. SBH Scotland not only offer a listening ear and support, we have specialist staff available to deal with everything from finance and benefits through to mental health and wellness.

We are witnessing that people with spina bifida and hydrocephalus are being affected by a lack of provisions in health and social care for instance referrals to NHS consultants have reduced, there are long waiting lists, backlogs and it is difficult for service users to get access to community support. We have responded by working with service users to understand where the pressure points are.



Our service users often tell us that they face issues within NHS. They have voiced concerns regarding limited time during GP appointments as well as limited or long waits for referrals onto specialists. Many are also frustrated as they feel their records are not being kept properly up to date. As a result, we extended the support that is being offered across several areas to meet the urgent need to prevent service users reaching crisis points; most notably in continence care.

It is our firm belief that every individual, regardless of their circumstances, deserves equal access to quality care and support. With this conviction in mind, we have always worked towards providing a bespoke, dedicated service for every individual SBH Scotland member.

Our full support and information provision include: Health and Wellbeing Clinics, Counselling Service for Adults, Finance

‘Income Maximisation’ Service, Support and Social Groups as well as our long-standing family centred support available at home, in hospitals, nurseries and schools. Participating as members of external multi-disciplinary teams for our members and ensuring their best interests are at the heart of any decision making process.

Our personalised approach ensures that each person receives the tailored assistance they require, thus reducing the disparities that often exist in the realm of health and social care for those with complex support needs. Moving forward we’ll continue to work alongside health and social care sectors who are all under incredible pressure to make sure that our members get the services they not only deserve, but require to ensure a high quality of life for both the member and their carer(s).



# Focus on Finance

SBH Scotland are committed to supporting our members through good times and bad so we stepped into action as the cost of living crisis started to hit many of our families hard!

With the harsh reality that over a quarter of disabled households are in 'serious financial difficulty', compared with 13% of non-disabled households; 48% of disabled households are struggling to keep their home warm and 43% have lower quality food\* we had serious concerns about the wellbeing of our service users, especially over the winter.



Over the past year we have seen a notable increase in the number of enquires we received relating to finances including: applications to trusts, benefits forms and budgeting/money management support.

With specialist knowledge of welfare, funding streams, money management and financial services, our family support team is well placed to help families with a wide range of financial queries. Our support workers are able to help individuals' complete forms and offer advice re budgeting and finance, in addition to providing advice and support on a number of issues including carers benefits, independent living, specialist equipment, housing/adaptions advice and we are able to help them access food parcels, fuel cards and emergency payments. This continues to be a lifeline for many families.

To combat the increase in financial enquiries and to keep our promise of supporting all those who ask for our help we extended our financial support service as of December. After negotiations with Citizens Advice Scotland we are now able to offer a specialist Financial support service throughout Scotland; available to us to handle the increase in enquiries from members of all ages, anywhere in Scotland.

No one should feel like they have nowhere to turn. When faced with financial challenges SBH Scotland members can continue to rely on us for dedicated financial and benefits advice.

*\*Statistics from a study conducted by the ABRDN Financial Fairness Trust, September 2022.*



# The power of Support and Social Groups; Empowering Lives

In 1965, SBH Scotland started as a group of parents looking to support each other through their journeys with spina bifida and/or hydrocephalus. Today, our groups may have grown in number and across a wider geography yet the ethos of ‘empowerment for all’ remains at their heart.

These groups, whether convened in person or online, serve as lifelines for those navigating the challenges of spina bifida and hydrocephalus. They offer more than just casual gatherings; they are sanctuaries of understanding, empathy, and camaraderie. Anyone touched by these conditions, including family members and caregivers, find solace in the shared experiences and common journeys that bind them together.

One of the most profound aspects of these support groups is the opportunity they provide to connect with individuals who intimately understand the intricacies of day-to-day living with spina bifida and hydrocephalus. Within these gatherings, conversations flow effortlessly, fostering an environment where members can openly share their fears, joys, and questions, knowing they will be met with unwavering support.

Perhaps one of the most heartening outcomes of our groups is the formation of deep-rooted networks of support.

Through conversations sparked by shared experiences, friendships blossom, and connections solidify, creating a web of support that extends far beyond the confines of scheduled meetings. These networks become pillars of strength during times of uncertainty and pillars of celebration during moments of achievement.

For some individuals, these groups offer more than just a sense of support; they provide a profound sense of belonging. Some of our children have never seen another child in a wheelchair or with walking aids until they are with friends at our groups. The knowledge that they are not the only one with these condition(s) is reassuring. In fact the groups are enjoyed so much by members and siblings that there have been many occasions when children have to be dragged away from the meetings as they simply don't want them to end!



Parents of those affected by spina bifida and hydrocephalus also find immense value in these groups. In addition to the dedicated support provided by SBH Scotland’s professional team, these gatherings offer a broader network of knowledge and friendship. The journey of raising a child with these conditions becomes less daunting when surrounded by individuals who are on the same journey, offering guidance, understanding, and shared stories of triumph. Sometimes it’s simply just nice to have a coffee and a blether!

SBH Scotland are proud that our support and social groups stand as a testament to the beauty of shared experiences. SBH Scotland’s commitment to providing a space for individuals and families to connect, share, and thrive is a poignant reminder that in unity, there is strength. As members come together to uplift and empower one another, the impact ripples far beyond the confines of any meeting room, creating a legacy of compassion, understanding, and hope.



96 Groups and Outings took place across Scotland.

“  
Coming to groups means a lot because we like to get out and meet new people.”

# Ageing with Spina Bifida and Hydrocephalus



Thanks to funding from the Health and Social Care Alliance, SBH Scotland have been able to extend our focus from early year support to support for adults. We call this work our ‘Ageing Hub’.

The adults we work with deal with numerous daily challenges because of their disabilities. Through this project we have worked to provide more support for our service users transitioning into adulthood and then old age. Our actions were initially guided by the Ageing with Spina Bifida and Hydrocephalus: A descriptive analysis (<http://bit.ly/3L2fh00>) study, performed by the International Federation (IF) for Spina Bifida and Hydrocephalus and analysed for the IF by our own Wellbeing Counsellor Kevin O’ Donnell and Sharon Levy. The study examined the way physical, emotional, social and environmental changes impact people with SB/H who are transitioning to or who are adjusting to being an older person.

To follow up on this study and get a clearer picture for our adult members in Scotland we initiated our own survey which then guided developments in

service provision for older members as well as providing original web content, a space for older members to find information specific to them (the ageing hub), health, wellness and nutrition workshops and a host of written resources including many topics often not covered in detail, such as sexual health, pain management and grief.

This project successfully started to address and combat the increasing worries that people with SB/H have about ageing, including continence, mobility, mental health, maintaining resilience and living a healthy lifestyle. Through a holistic approach to health and wellbeing and quality of life for our service users we’re encouraging a self-management, dignity, self-compassion and are happy to have been able to open up conversations about living with a long-term condition.

# Spina Bifida Study Day

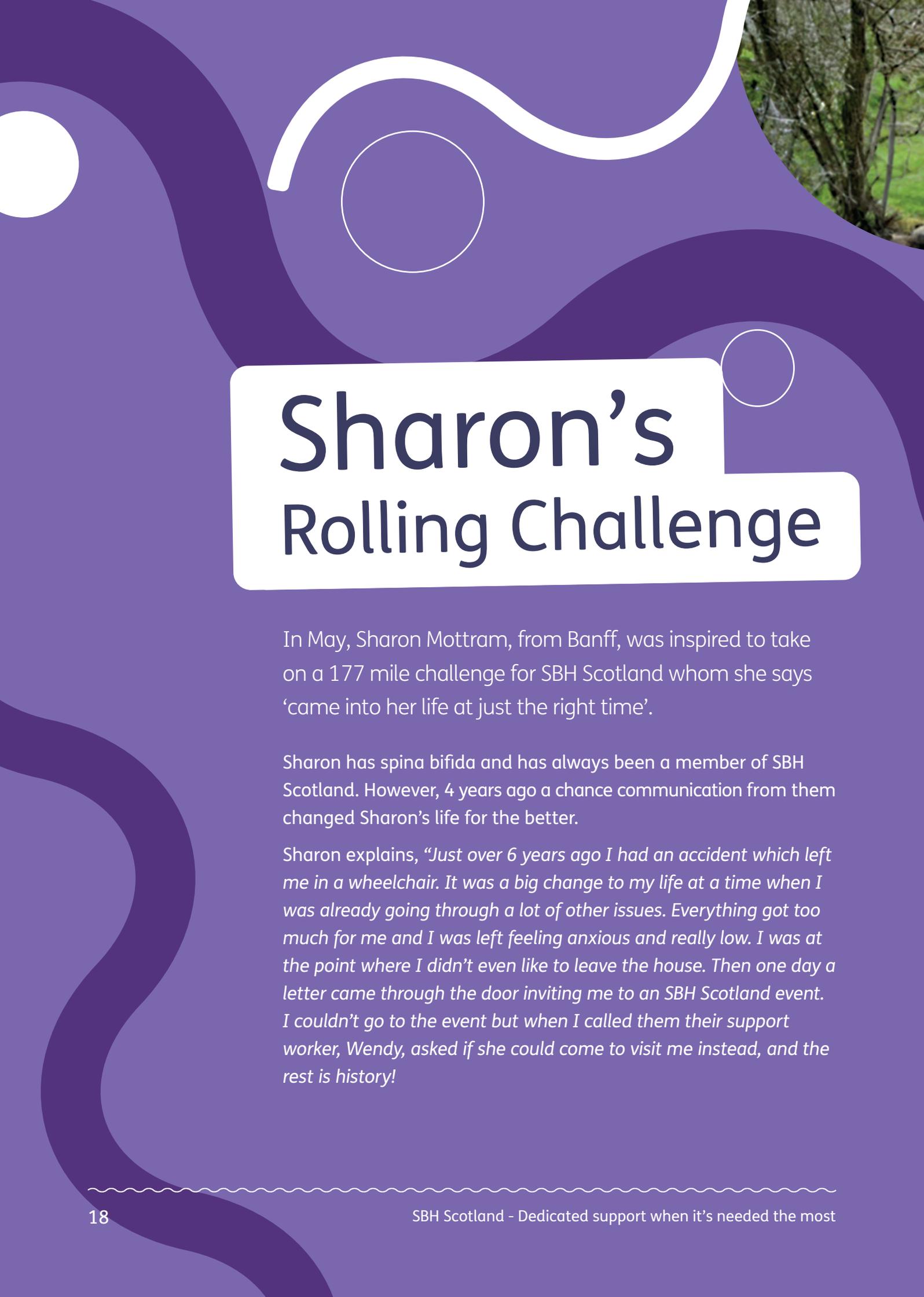
In November SBH Scotland hosted a bespoke Spina Bifida Study Day for paediatric neurosurgeons, obstetricians, midwives and nurses covering antenatal surgery, antenatal diagnosis, post-natal management and looking at the management and outcomes of hydrocephalus.

Back in 2019 SBH Scotland held their first study day with the paediatric neurosurgical team at Royal Hospital for Children, Glasgow after feedback from SBH Scotland parents suggested there was a big gap in information being provided during the fetal anomaly scan at 20 weeks. Post-Covid, in 2022, it was finally time to bring the Study Day back and the opportunity for SBH Scotland and medical professionals to be able to speak directly to those involved with the screening process and after care of babies was invaluable. It offered a chance to inform about the correct pathways to specialists for parents on diagnosis as well as providing the very latest research in the options, care and outcomes for those affected.

**Special Guest Speaker.** We were especially lucky to have special guest, Professor Jan Deprest (pictured bottom right), Director of the fetal surgery programme in Leuven. He gave a real insight into the in-utero surgery for babies with spina bifida, including the latest evidence and what the surgery actually entails. As SBH Scotland provide support for a number of families who have undergone this ground breaking surgery to operate on the baby whilst still in the womb, we were delighted to present filmed footage with families, discussing their experiences from the patient perspective. Something all the professionals in the room found truly beneficial.

To find out up to date information on this surgery please visit: <https://www.sbhscotland.org.uk/prenatal-surgery/>





# Sharon's Rolling Challenge

In May, Sharon Mottram, from Banff, was inspired to take on a 177 mile challenge for SBH Scotland whom she says 'came into her life at just the right time'.

Sharon has spina bifida and has always been a member of SBH Scotland. However, 4 years ago a chance communication from them changed Sharon's life for the better.

Sharon explains, *"Just over 6 years ago I had an accident which left me in a wheelchair. It was a big change to my life at a time when I was already going through a lot of other issues. Everything got too much for me and I was left feeling anxious and really low. I was at the point where I didn't even like to leave the house. Then one day a letter came through the door inviting me to an SBH Scotland event. I couldn't go to the event but when I called them their support worker, Wendy, asked if she could come to visit me instead, and the rest is history!"*



## 177 miles covered!

She continued, *“They’ve been a massive part of my life ever since; offering a lot of home support, getting me to join their adult social groups online and offering an SBH Scotland counsellor. It’s no exaggeration when I say If it wasn’t for SBH Scotland, I don’t know where I’d be today.”*

It was this level of dedicated support that put the wheels in motion for a sponsored challenge. Sharon decided that for 40 days she would try to cover as many miles as she could whilst raising money for SBH Scotland, who she knew were facing a tough challenge this year financially. By the start of May she’d covered a

tremendous 177 miles with some tricky challenges en route as well as visiting Whitehills, Portsoy and other coastal towns.

Lynsey Hamilton, fundraising manager for SBH Scotland said; *“We’re incredibly grateful to Sharon for all the effort she put into this challenge. We need to raise over £1 million each year to provide our range of dedicated support services to children, young people and adults across Scotland. Sharon’s amazing donation totalled over £755 and will go towards support for other charity members like Sharon so a massive thank you to all those who donated to her.”*



# Fundraising



70p in every £1 spent goes directly on support services



The number of people accessing our website increased by 18.3% on previous year.

Since we began, SBH Scotland have been entirely self-funded relying mainly on the generosity of the public, trusts and corporate organisations to deliver services. Every year a small team of fundraisers generate circa 1.2 million from over 20 different income streams (Including Individual Giving, Community Fundraising, Social and Networking Events, Challenge & Sponsorship) to provide services across Scotland. In the financial year 2022/23 the fundraising team were still at half pre-Covid capacity - operating with only 3 members of staff. Despite fewer resources the staff rose to the challenge and continued to identify opportunities for raising funds. The team continued to grow on the success of SBH Scotland's three main social and networking events – We Love Lunch ladies event, Golf Day and Burns Supper. These events managed to generate record income due to the support and generosity of guests.



We also maximised income through our challenge events using a new model of income generation. Our “Zipslide the Clyde” event raised record income by positioning ourselves as the main organiser of the event in Scotland. Places were then sold to other charities and third sector organisations.

The public’s desire to remain active after the months of inactivity during lock down continued with increased participation in other SBH Scotland and third-party organised challenge events E.G The Kiltwalks, Falkirk Wheel Abseil and London Marathon.

The team implemented a new fundraising challenge event that has great potential for future expansion. The SBH Scotland Dinosaur Mascot ‘Spiney the Diney’ was taken to schools and nurseries to lead sponsored events with the pupils. Not only did ‘Spiney’ raise awareness and funds for the charity, but the visits also helped schools reach their own community and health and wellbeing targets. The Dino Stomp is being expanded throughout 2023.

The fundraising team also created a legacy campaign and now offer a free will service to encourage future legacy giving. Legacies have been a lifeline for SBH

Scotland’s when other forms of income generation have proved challenging.

We continued to benefit from excellent relationships with a wide range of trusts and Foundations who continued to offer much needed flexibility in how we used restricted funding to ensure services could continue, and we could respond to the urgent new needs identified for our beneficiaries. Despite the end of the pandemic, we have identified that the external environment continues to pose challenges due to the uncertainty of the financial climate and the adverse effects on families’ health & wellbeing caused by the backlog of delayed/reduced level of statutory health and care services. We will continue to apply to external funders to ensure that we can deliver the best possible coordinated service during difficult times.

Another major donor that stepped in to support SBH Scotland was long standing Honorary Patron, Gordon Ramsay. Gordon kindly nominated SBH Scotland to be the sole beneficiary of their £1 Festive Giving Campaigns at his Scottish Restaurants in Edinburgh. We are incredibly grateful to the staff teams and restaurant customers raising over £30,000 for us.



This is simply a “Snapshot” of what was achieved, and we simply cannot thank all our generous donors for their ongoing support. We value every donation, no matter what size. Thank you!

Moving into the next financial year, in 23/24 we are expanding the fundraising team back up to pre-covid levels of 5 and targets have increased by over £200,000 to match increasing organisational expenditure as service delivery returns to normal operational levels after the pandemic. Although an incredibly positive result for 22/23, we remain very cautious about the uncertain financial landscape (cost of living crisis and European unrest) that we will be fundraising within. Our Board have therefore approved our 2023/24 budget with a deficit of (£202,000). This shortfall in income generation will be buffered by using unrestricted reserves.



**Deborah Roe**, Director of Fundraising.

# Spiney

## the Diney Stomps into Schools



A Cumbernauld Primary School took to the playground for a walk with a Jurassic twist to raise funds for SBH Scotland in April.

Every year group at Eastfield Primary School took it in turns to participate in their daily fitness mile around their playground with a special guest from SBH Scotland, our mascot, Spiney the Diney! They were the very first school to participate in the new Dino-Stomp Challenge SBH Scotland are organising. Since then other schools taking part also include: Glencryan Primary, Step by Step Nursery, Richard Stewart Nursery and Redburn Primary School.



After a very exciting day, Eastfield Primary School announced that the pupils had raised a staggering £3,483.20 which they were only too happy to present to Spiney.

Lesley McPhee, Head Teacher at Eastfield said, *“We are committed to the health and wellbeing of our pupils here at Eastfield. What better way to get excited about staying active than getting involved with the Dino-Stomp which has the added benefit of supporting an important charity who are virtually on our doorstep and need our help.*

She continued, *“We’re overwhelmed at raising such a huge amount and I’d like to thank all the parents, children and staff who got involved.”*

Deborah Roe, Director of Fundraising at SBH Scotland said; *“We’re incredibly grateful to Eastfield Primary for putting in such a tremendous effort and for smashing the Dino-Stomp Challenge! We are truly overwhelmed by the money donated and thank everyone who generously gave. The past couple of years have been incredibly difficult for us and as things start to open up again the demand on our support*

*services continues to grow. In order to raise over £1million this year we need help more than ever and having the support of the local community means everything to us.”*

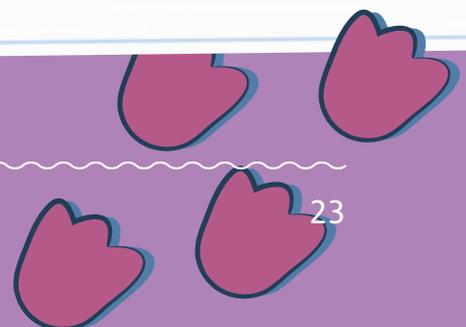
### **Spiney the Diney Factfile:**

Spiney the Diney, is an important member of the charity team. Through the Spiney the Diney Club we are able to engage with new babies and young people affected by spina bifida and/or hydrocephalus and begin our lifetime commitment of support for them.

Using Spiney we prove that having differences isn’t a bad thing, in fact it can have many positive results.

All our children from birth to 15 years old receive a free Spiney the Diney Pack which includes an Official Club Certificate, Folder, T-shirt, Book and Cuddly Toy.

Money raised through the Dino Stomps will go back into supporting the club for our charity’s children as well as supporting other services.



# Summarised Accounts

	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Income and Endowments From</b>					
Donations and legacies	444,057	-	-	444,057	295,083
<b>Charitable Activities</b>					
Supporting those with spina bifida & hydrocephalus	57,797	229,148	-	286,945	331,778
Other trading activities	486,205	-	-	486,205	406,421
Investment Income	5,239	5,013	-	10,252	5,607
Other Income	-	-	-	-	21,226
<b>Total</b>	<b>993,298</b>	<b>234,161</b>	<b>-</b>	<b>1,227,459</b>	<b>1,060,115</b>
<b>Expenditure On</b>					
Raising funds	348,575	-	-	348,575	205,187
<b>Charitable Activities</b>					
Supporting those with spina bifida & hydrocephalus	557,047	233,078	28,215	818,340	728,391
<b>Total</b>	<b>905,622</b>	<b>233,078</b>	<b>28,215</b>	<b>1,166,915</b>	<b>933,578</b>
Net gains/(losses) on investments	(7,204)	(9,686)	-	(16,890)	13,812
<b>Net Income/(Expenditure)</b>	<b>80,472</b>	<b>(8,603)</b>	<b>(28,215)</b>	<b>43,654</b>	<b>140,349</b>
<b>Transfers between funds</b>	<b>(14,383)</b>	<b>3,606</b>	<b>10,777</b>	<b>-</b>	<b>-</b>
<b>Other recognised gains/(losses)</b>					
Actuarial gains on defined benefit schemes	300	-	-	300	45,000
<b>Net movement in funds</b>	<b>66,389</b>	<b>(4,997)</b>	<b>(17,438)</b>	<b>43,954</b>	<b>185,349</b>
<b>Reconciliation of Funds</b>					
<b>Total funds brought forward</b>	<b>954,691</b>	<b>146,526</b>	<b>653,286</b>	<b>1,754,503</b>	<b>1,569,154</b>
<b>Total funds carried forward</b>	<b>1,021,080</b>	<b>141,529</b>	<b>635,848</b>	<b>1,798,457</b>	<b>1,754,503</b>

## Statement by the Trustees

These summarised financial statements are a summary of information extracted from the full annual statutory financial statements for the financial year ended 31 March 2023 which were approved by the Trustees on 6th September 2023 and have been audited by Anderson Anderson Brown Audit LLP, who gave an unqualified audit report on 6th September 2023.

The auditors have confirmed to the Trustees that these summarised financial statements are consistent with the full annual statutory financial statements for the year ended 31 March 2023.

These summarised financial statements may not contain sufficient information to gain a complete understanding of the financial affairs of the charity. The full annual statutory financial statements which include the Report of the Trustees and the Auditors' report on those financial statements may be obtained from The Dan Young Building, 6 Craighalbert Way, Cumbernauld G68 0LS.

	2023 £	2022 £
<b>Balance Sheet at 31<sup>st</sup> March 2023</b>		
<b>Fixed Assets</b>		
Tangible assets	635,860	653,292
Investments	229,410	246,925
<b>Total</b>	<b>865,270</b>	<b>900,217</b>
<b>Current Assets</b>		
Debtors	428,591	154,941
Cash at bank	931,594	1,038,504
<b>Total</b>	<b>1,360,185</b>	<b>1,193,445</b>
<b>Creditors</b>		
Amounts falling due within one year	(409,998)	(307,159)
<b>Net Current Assets</b>	<b>950,187</b>	<b>886,286</b>
<b>Total Assets Less Current Liabilities</b>	<b>1,815,457</b>	<b>1,786,503</b>
<b>Pension Liability</b>	<b>(17,000)</b>	<b>(32,000)</b>
<b>Net Assets</b>	<b>1,798,457</b>	<b>1,754,503</b>
<b>Funds</b>		
Unrestricted funds	635,848	653,286
Restricted funds	141,529	146,526
Expendable Endowment funds	1,021,080	954,691
<b>Total funds</b>	<b>1,798,457</b>	<b>1,754,503</b>

# Thanks

We are sincerely grateful for the generous support of individuals, trusts, grant making bodies, and companies as well as those who chose to leave a legacy. Together you ensure that Spina Bifida Hydrocephalus Scotland are available to provide dedicated support to all those in Scotland who ask for our help. We would like to thank everyone who donated in the 2022/23 financial year. Due to the number we are unable to list each and every one of you but rest assured we remain ever thankful.

## **Trusts & Grants**

Alexander Moncur Trust  
Alma & Leslie Wolfston Charitable Trust  
Ann Jane Green's Trust  
Appletree Trust  
Basil Death Trust  
Bellahouston Bequest  
Better Breaks (Shared Care Scotland)  
Burdett Trust  
Cameron Whiteford Trust  
Children in Need  
Comic Relief  
Commonweal Fund  
Cruden Foundation  
DWT Cargill Fund  
The Gertrude Muriel Pattullo Trust for Disabled Young People  
Henry Smith  
Hospital Saturday Fund  
Hugh & Mary Miller Bequest  
Hugh Fraser Foundation  
IBB Trust  
James Tudor  
Jennie S Gordon Memorial Fund  
JTH Charitable Trust  
Kuessenberg Charitable Foundation  
Laurencekirk Gala  
Leach Family Charitable Trust  
Leng Charitable Trust  
Miss A M Pilkington Charitable Trust

Nancey Massey Charitable Trust  
National Lottery  
Noble Resolve Gospel and Temperance  
Northwood Charitable Trust  
Penpont Charitable Trust  
Ponton House Trust  
R J Larg Family Trust  
Reo Stakis Foundation  
Rutherglen Rotary Club  
Scottish Children's Lottery  
Scottish Power  
Stafford Trust  
Sylvia Aitken Charitable Trust  
Talteg Ltd  
Templeton Goodwill Trust  
Tesco Groundworks  
The February Foundation  
The Robertson Trust  
The Russell Trust  
The Volvox Trust  
William M Sword Charitable Trust  
William Phillips Fund  
WM Mann Foundation

## **Legacies**

Anne Thomson Reid Osborne  
Michael John Hunter Logan  
Dugelda Wright McCulloch  
Marshall DM Irons  
Alexandra McCusker

## **Grants and Local Authority Income**

Scottish Government  
North Lanarkshire Council

## **Corporate Support**

Andrew Goldberg – ActionCOACH  
AD Plus Accountants  
Architectural Doors & Windows Limited  
Arnold Clark Community Fund  
Barclays Wealth  
Big Bobble Hats  
Blue Parrot Events  
Bogleha Bowling Club  
Braemar Golf Club  
Bullet Express  
CCG Scotland  
Chapmans Bar  
Charles Bullen Stomacare Limited  
Chisholm Hunter  
Citypoint Wealth  
Clancy Consulting  
CNR International (UK) Limited  
Cole AD  
Cooper Cromar  
Crear Space to Create Ltd  
Cumbernauld Academy  
Dawn Urban Regeneration Limited  
Dougall Baillie Associates  
Driver Check Ltd  
Dun Whinny Golf Club  
Dunnet Bay Distillers Ltd

Excellimore Ltd  
fatBuzz  
GFW Quality Management Ltd  
Gleneagles Hotel  
Global Media  
Gordon Ramsay Holdings  
Grampian Multiple Sclerosis  
Therapy Centre Ltd  
Grants Bros (Meat Cannery) Ltd  
Groundworks UK  
Harper Macleod Solicitors  
Headway Glasgow  
HSBC in the Community  
Ibis Aberdeen Centre  
Instant Impact Group  
James Chapman (Butchers) Ltd  
Johnson Poole and Bloomer  
Leaps and Bounds Nursery  
Lime Electrical  
LJF Powder Coating Ltd  
Lloyds Banking Group  
Loch Lomond Group  
Lochwynd Ltd  
Make Believe Parties and Events  
Mazars  
Miller Becket & Jackson Solicitors  
Mintlaw Academy  
Munro Optometrists  
Nairnbrook Print  
NorDan UK Ltd  
Our Lady and St Anne's Primary  
School  
Randolph Hill Nursing Homes  
Group Limited  
Recycling Lives  
Riverside Chiropractic Group  
Ross & Liddell Ltd  
RWM & Brethren of the  
Bridgeton & Glasgow, Shamrock &  
Thistle  
Savills UK  
Scotmid Community Grant  
Seko Logistics  
Slater Menswear  
Studio 13  
Tesco Stores  
Thomas Tunnock Ltd

Union Street Cafe  
VSN Sport  
Will Rudd Davidson (Glasgow) Ltd  
Wright Johnston & Mackenzie LLP  
Xburo UK Ltd  
Zen Consultants  
ZLX Business Solutions Ltd

**Company registered number**  
SC213050

**Charity registered number**  
SC013328

**Registered office**  
The Dan Young Building, 6  
Craighalbert Way, Dullatur,  
Glasgow, G68 0LS

**Honorary Patron**  
Gordon Ramsay OBE

**Patron**  
Duncan Bannatyne OBE

**Ambassadors**  
James Smith, Nicola Cassells,  
Meggan Dawson-Farrell

**Trustees**  
Dr Margo L Whiteford CBE - Chair  
Dr Rhoda A Abel  
Jonathan R Best  
Harold G Brown  
Prof Robert Carachi MBE  
Thomas A Cromar  
Kirstie Dawson  
Fraser D Falconer (resigned 7  
September 2022)  
Scott Howie (resigned 17 April  
2023)  
John McDougall  
P Michael Samuel  
William S Scott MBE  
Deyrick Smith  
Brenda C Wilson  
Dr Jonathan P Sher (appointed 7

September 2022, resigned 17 May  
2023)

**Chief Executive and Company  
Secretary**

Andrew H D Wynd MBE MIOD

**Senior Management Team**

Clare Cogan Turner, Deborah Roe,  
Sophie Tear, Lorraine Wilson

**Independent Auditor**

Anderson Anderson & Brown  
Audit LLP, Citypoint 2,  
25 Tyndrum Street,  
Glasgow, G4 0JY

**Bankers**

The Royal Bank of Scotland,  
Edinburgh, EH2 4EQ

**Solicitors**

Miller Samuel Hill Brown LLP, 5  
Renfield Street, Glasgow, G2 5EZ





Spina Bifida  
Hydrocephalus  
Scotland



## Spina Bifida Hydrocephalus Scotland

The Dan Young Building, 6 Craighalbert Way,  
Dullatur, Glasgow, G68 0LS

**Tel:** 03455 211 811

**Email:** [mail@sbhscotland.org.uk](mailto:mail@sbhscotland.org.uk)

**Web:** [www.sbhscotland.org.uk](http://www.sbhscotland.org.uk)  
[www.hydrocephalusscotland.org.uk](http://www.hydrocephalusscotland.org.uk)



Keep up to date with all our activity on:



Spina Bifida Hydrocephalus Scotland is a trading name of the Scottish Spina Bifida Association. Registered Scottish Charity No. SC013328.  
Registered Office: The Dan Young Building, 6 Craighalbert Way, Cumbernauld, G68 0LS. A company limited by guarantee. Registered in Scotland Number 213050.