

# Annual Report 2022

Spina Bifida  
Hydrocephalus  
Scotland



Having a baby with  
spina bifida or  
hydrocephalus

is not  
the end

it's just the beginning.

**SBH Scotland are with individuals  
for their journey – wherever it leads.**



# Welcome from SBH Scotland's Chairperson, Dr Margo Whiteford CBE

'Change' and 'uncertainty' have become key words in our vocabulary through the past couple of years and 2021/22 was no different, throwing yet more upheaval and uncertainty our way!

Our staff team never fail to impress, however, and they have proved once again their dedication and adaptability which does not go unnoticed. The SBH Scotland staff tackle difficulties, going above and beyond at every turn. No challenge seemed too large for our board of trustees and dedicated support, clinical, fundraising and admin teams this year. They continued to do everything in their power to make sure we remained a stable force in the lives of our members during times of crisis.

As Chairperson, and a member of the charity, I remain eternally grateful for that dedication.

For over 56 years Spina Bifida Hydrocephalus (SBH) Scotland has been a rock, providing a lifetime commitment of support and information to all those affected by these rare, complex disabilities including family members, carers, education and healthcare professionals. We are the only charity in Scotland with a remit to support these conditions specifically and as such this makes us a lifeline for many.

Our range of support starts ante-natally and through every stage in life. We believe in inclusion and empowering all those with a disability to live as independent a life as possible.

This year, SBH Scotland's Family Support and Clinical Teams have continued to adapt the ways in which they work. Online, in person, on the phone or digitally, our teams successfully offered vital support to over 4,000 individuals (not including the thousands who access our information online) with a range of services including; a helpline, one-to-one support in homes and schools, combined clinics in hospitals, support groups, financial/benefits advice, play sessions, outings and workshops.

As Scotland slowly opened up again we were able to re-open our wheelchair-accessible holiday cottage, Rebecca Cottage in Carnoustie. 24 families were able to get back in for 32 weeks collectively; making use of the range of adapted facilities in our sea view cottage which always offers a tranquil home away from home. The

reopening of places and spaces also meant we could once again start to meet in person and we cautiously and safely started up our social and support groups.

No one knows what the future holds but we do know we need to ensure our longevity so we can be present for the individuals and families who rely on us each day. We have come this far thanks to the generous individuals, companies, trusts and grant-making bodies who have donated their time or money to support and we are truly grateful. All support makes a difference and we can't wait to welcome new and old supporters in the year ahead. Thank you.



*Margo L Whiteford*

Margo L Whiteford CBE,  
Chairperson



# SBH Scotland in Numbers & Words

"They've been a massive part of my life; offering a lot of home support, getting me to join their adult social groups online and offering an SBH Scotland counsellor. It's no exaggeration when I say If it wasn't for SBH Scotland, I don't know where I'd be today."



**44 members** attended a series of virtual and in person health & wellbeing clinics. Our specialist nurse supports with a range of issues, including continence and mental health support.



**220 Counselling sessions** took place for adult members



**78p in every £1** spent goes directly on support services



**17,590** users accessed information on our dedicated Hydrocephalus Scotland website. An increase of 63% on the previous year.  
[www.hydrocephalusScotland.org.uk](http://www.hydrocephalusScotland.org.uk)



**Over 100** Online Groups and Workshops took place

"I don't have the words to say how much you have both helped our family especially over the last 18 months, there will never be enough words to thank you."

"SBH Scotland said it was a beginning, not the end and that they would be there for us every step of the way - They were absolutely right about everything - Jack is a dream come true"

"You've played a massive part in advocating for us every step of the way and without your support and direction I don't really know where we'd be."



**106 new members** were added to our support network during the year, including family members and carers.



**11 new babies** were welcomed into the SBH Scotland family

"You have done so much for our family from early pregnancy and we truly can't thank you enough for everything you have done for us"



**Over £100,000** was obtained in benefits and grants for families



# Chief Executive Report

Despite a smaller staff team than we were used to pre-pandemic, the staff team for the financial year 21/22 SBH Scotland has remained as agile and responsive as ever.

As a national third sector organisation we provide a range of professional support and clinical services to service users of all ages. This service delivery is person centred, focused and targeted for all service users, irrespective of their age or complex health conditions, and centred around their needs and aspirations.

In addition, we are proud to maintain a small Clinical, Innovation and Research (CIR) team whose influence and scope extends across Europe and world-wide through its links with the International Federation for Spina Bifida and Hydrocephalus (IFSBH) and the Society for Research into Hydrocephalus and Spina Bifida (SRHSB).

Our key priorities remain the delivery of age-appropriate services which encourage independence and self-management. Our focus remains on early intervention, family support and the delivery of a specialist suite of clinical services including health and wellbeing specialist Nurse and Counselling support.

## Achievements and performances

### Charitable activities

Prior to March 2022, planned income streams followed a similar trajectory to that experienced in the previous year. Despite this, we are pleased to report a healthy year financially, due, in no small part, to exceptional one-off donations, as

well as prudent management of expenditure during the year, coupled with savings due to challenges identified in recruiting experienced staff to our family support teams.

Whilst it is reassuring that we were able to meet, and in some areas exceed, our income targets, there is continuing uncertainty of planned regular revenue income as we move into a further period of financial uncertainty with the anticipated increased cost of living projections due to the pandemic, inflation and the continuing war in Ukraine.

With many people now experiencing long covid symptoms, our service delivery has adapted to the changing needs and demands from service users throughout Scotland. Our support has continued to rely heavily on digital solutions for service delivery with remote support through increased telephone calls, emails, SMS and video conferencing services. As we begin to see a relaxation in government restrictions, it is anticipated that we will see a welcome return to home and hospital visits and groupwork activity in the near future.

A Scotland wide review of our Family Support Services was commissioned during the year which resulted in an affirmation of the current range of services being offered, focusing on person centred and co-produced support, tailored to the needs of each individual and family.

## Recommendations

A number of recommendations for improvement were highlighted, including acknowledgement of the diversity of need, demand and service provision, across the country. As a first step to ensure the infrastructure was in place to support these recommendations, the current family support teams were reconfigured to ensure that there were full-time equivalent Family Support Team Leads in our current 3 regional teams.

These team leads will have operational responsibility for their respective regional teams and will shape future service delivery in their regions.

Ongoing training and development was also identified as a key priority within the family support teams and to address this, our North team lead will also act as Family Support Manager (Learning & Growth), with designated responsibility for continuing professional development for family support staff across the 3 teams. Our Clinical, Innovation and Research (CIR) team is now supported by a newly formed Clinical Governance Committee (a new subcommittee of the Board).

As well as delivering direct services through our Health and Wellbeing Specialist Nurse and Health and Wellbeing Counsellor, we are also delighted to welcome a CIR Projects Manager to manage a number of innovation and research projects including work on our Ageing Hub and extension of our myCarepod app to include wellness indicators.

We have also been successful in developing mutually beneficial relationships with Glasgow University, Glasgow Caledonian





University, and Edinburgh Universities, across a number of projects. This has resulted in us taking on students for internships and placements from Occupational Therapy and Business Management courses.

Over the year we have begun the process of discussions with a number of key health boards in Scotland to develop an Information Sharing Agreement. This will allow us, subject to service user and health professional consent, to share information and will reduce the current requirement to share information over and over again with key professionals involved in support, care and treatment.

In order to extend our support to staff, a Health and Wellbeing Group has been established to ensure that the organisation is actively seeking views from staff on how best we may support staff to deliver the highest quality of service to families. This will ensure a formal mechanism for communication, with the Senior Management Team and the Board as it strives to ensure that staff continue to feel valued and there are opportunities for staff to continue to contribute to our quality improvement agenda.

### Future plans

We plan to increase staffing across our 3 Family Support Regional teams as and when funding becomes available in line with the Family Support Review recommendations.

Work is already underway to increase our capacity for our organisation to act as a provider for student placements. We hope to extend our current reach to include Nursing students in the coming

months. This will be a welcome addition to our current offerings and will have direct benefits to children, young people and families.

We plan to finalise Information Sharing Agreements with the 4 regional paediatric centres in Scotland (Greater Glasgow, Lothian, Tayside and Grampian Health Boards) during the year.

And, finally, our Clinical Innovation and Research Team will be launching a Test of Change Project with NHS colleagues in Greater Glasgow and Clyde around Transition and we hope to expand our current provision in NHS Lothian with their Transition Clinic work.



*Andrew H D Wynd*

Andrew H D Wynd MBE,  
Chief Executive





# Transitions

## *What is Transition?*

**‘Transition’ is the process when a young person with a complex condition such as spina bifida and/or hydrocephalus has to move from child-focused (paediatric) healthcare to adult-focused healthcare.**

- Most people transition to adult healthcare in Scotland between the ages of 14-16
- Sometimes it will be a very quick process and other times there will be a slow transfer of clinics and services
- A lot of young people and their families/carers find the process quite frustrating and confusing - they say there is not enough planning and support for them through the transition
- Sometimes people feel that support such as health care, social care, education and housing do not work together enough to make the process easier.



With hormones and homework controlling the day-to-day, being a teenager and thinking about the future is challenging for most people. For young people with Spina Bifida and/or Hydrocephalus (SB/H), and other long-term health conditions, this period is made even more challenging by the transitions faced including transition through education or from paediatric to adult health care services.

Advances in healthcare mean that more people with SB/H are living longer than before. With this comes a variety of life transitions. Despite a decrease in mortality, ageing means there are increased comorbidities for individuals (Patel, et al., 2019: 1). Thus, a supportive and holistic transition process in the teenage years is paramount in setting up those with SB/H for a future in which they can thrive and receive the support they need.

For young people with long term conditions, planning for the end of school also comes with planning to transition from paediatric to adult healthcare services. Unfortunately, this transition through healthcare is no smoother than that of education. Many families report that they have found the process confusing and frustrating with little preparation tools and support provided throughout. It is suggested by ARC Scotland's 'Principles for Good Transitions 3' and NICE's transition guidelines that transition preparation should begin in early teens, or around two years prior to transfer of services. The reality is that some SBH Scotland service users will still be with paediatric services into their late teens - well after leaving school - and into their early twenties, due

to a lack of preparation and fear of moving over to adult services.

Spina Bifida Hydrocephalus (SBH) Scotland have long advocated for improvements to the transition process across all sectors but thanks to funding from the Burdett Trust for Nursing we were able to focus on a transition project, tackling gaps in the current process such as inappropriate communication techniques, lack of expertise and lack of understanding of the cognitive ability, maturity and mental wellbeing of different SBH Scotland members.

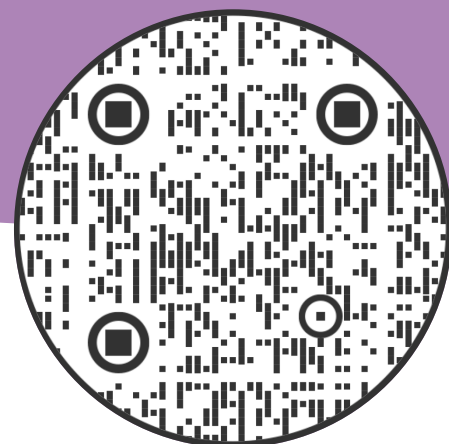


Our project aims to give a voice to service users who also helped us co-produce a range of resources created for everyone involved in the transition process.

Our Transition Resources:

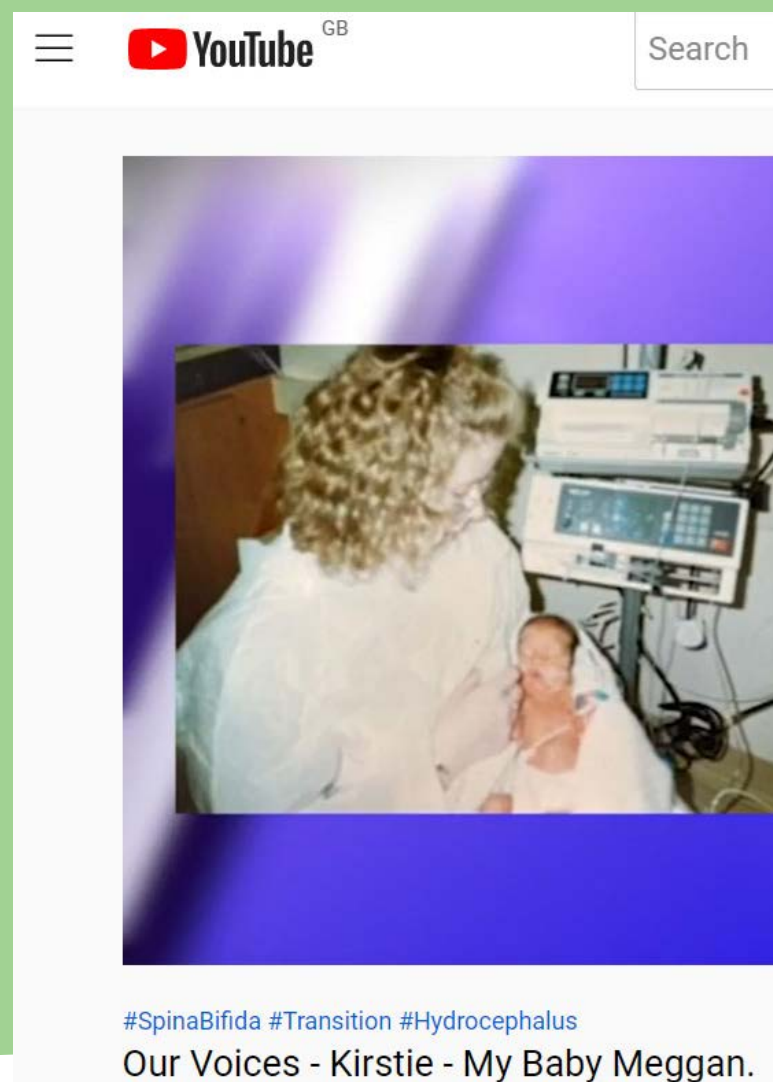
- Digital Stories: 'Our Voices' – Available on YouTube this series of stories allowed those who have been through transition to talk about their own experience
- 'Young Heroes Team' Card Game - educational card game that can be used by young people and their families/care circle to learn about transition prior to going through it
- Transition Course for Healthcare Professionals – dedicated e-learning hub which encourages professionals to work closely with other sectors, consider the rights and wellbeing of young people and to work with the relevant policy and legislation to achieve successful transition support
- Further resources and information have also been created for Young people, families and carers and Healthcare professionals.

You can find out more about SBH Scotland's transition project by visiting our website [www.sbhscotland.org.uk/transitions/](http://www.sbhscotland.org.uk/transitions/) or scanning our QR code below.



Spina Bifida Hydrocephalus Scotland are grateful to the Scottish Power Foundation for contributing £38,419 towards support for children and young people aged 0-18 who are faced with a range of transitions.

The SBH Scotland 'Tools for Transition' programme was one of the lucky recipients to receive a share of almost **£1.2 million funding from the Foundation**. Moving forward this funding will allow us to deliver school talks, continence support, and finance and benefits advice for parents to ensure that children with spina bifida/hydrocephalus have the best possible start in life.





# We're ready for our close up

Over the years Comic Relief have generously supported many SBH Scotland projects and in this financial year we're thankful that they chose to fund part of our holistic family support for 0-5 year olds across Scotland.

One of the young people who benefits from that support is Andrew Carr and his family featured on BBC's The One Show when Andrew's Dad, Sean, was chosen as a participant in their Red Nose and Spoon Race.

Sean said, "My wife Lynne and I were so looking forward to being first time parents. We were in our second scan when the operator pointed to the screen and said, this white line here, this is the baby's spine and do you see the wee black dot here, this means your baby's got spina bifida. My wife was in floods of tears, I didn't know how to console her. All of a sudden, the carpet had been pulled from beneath our feet, we didn't know what to make of everything we were being told."

"My wife came across a charity called Spina Bifida Hydrocephalus Scotland and dropped them an email. With a wee smile she said "Look I've got an email response from them" and the first word was 'Congratulations, you must be so excited to be first time parents'.

"That email changed it for us. It brought us back to life with the excitement of being parents again. We knew that we might not know what was going to happen but there was a support network there for us."

Their positive story, which continues with SBH Scotland, is a testament to the support that our charity can offer families during their lowest times but also a testament to the impact that funders have; the donations and grants which enable us to be there for families.

A big thanks to Comic Relief for your support and for shining a light on SBH Scotland. And a massive thank you to the Carr family for sharing your story and to Sean for all the energy you put into raising awareness and offering positivity to future families.



Scan here to watch the Carr family's story



# A victory in our battle for folic acid fortification

In September 2021, after a long campaign both in Scotland and across the UK, alongside our friends at SHINE and with a myriad of healthcare, MPs, science and nutrition experts and organisations, we were elated to announce that folic acid will be added to flour in a bid to help reduce the number of babies born with neural tube defects.

2021 marked the 30th anniversary of the publication, of UK Medical Research Council's funded research into the benefits of folic acid fortification. Since it's publication over 80 countries have chosen to fortify flour and other food stuffs, seeing a decrease in pregnancies affected by neural tube defects by up to 70%.

**Our Chief Executive, Andrew H D Wynd, MBE, said:**

"For more than 30 years, Spina Bifida Hydrocephalus Scotland has campaigned for folic acid to be added to flour and we are delighted that these efforts have resulted in a decision which will ensure life-changing results for so many parents and children.

"Adding the B vitamin to flour can give women and their unborn children the best possible opportunities for healthy outcomes. In other countries, folic acid fortification has reduced the number of pregnancies affected by neural tube defects, in particular spina bifida, by up to 70%.

"This is a momentous moment, and we will continue to work with and advise relevant bodies moving forward."

SBH Scotland will continue their work lobbying government and urging for the implementation to take place sooner rather than later.



SBH Scotland members Ella and Melanie chambers have supported the charity in our folic campaign for over 10 years

## Folic Acid – Family planning

- If trying for a baby, or if you could fall pregnant, the NHS recommend that females should take a daily 0.4 mg (400 microgram) folic acid supplement from the time you stop using contraception and are trying to conceive, until the 12th week of pregnancy.
- Taking folic acid prior to conception can also reduce the risk of other congenital anomalies (such as congenital heart defects, urinary tract anomalies, oral facial clefts, limb defects). (De-Regall, LM, et al, 2010).
- For certain groups of women an increased 5mg dose (by prescription from GP) is recommended as they may have a higher risk of having a baby with these problems, in particular those: who have a NTD or a family history of NTD and those with diabetes, coeliac disease or taking anti-epilepsy medication.



# Fundraising

Since we began, SBH Scotland have been entirely self-funded, relying mainly on the generosity of the public, trusts and corporate organisations to deliver services. Every year a small team of fundraisers generate circa £1.2 million from over 20 different income streams (Including Individual Giving, Community Fundraising, Social and Networking Events, Challenge & Sponsorship) to provide services across Scotland.

Like many charities, the Covid-19 pandemic continued to impact heavily on our fundraising in financial year 21/22. Although the world was slowly reopening over the summer of 2021, there were still restrictions in place that made some events unfeasible, and understandably there was a cautious approach from many of our supporters in attending events in the wider community.

Due to redundancies during the pandemic, the fundraising team was halved in size. Yet despite fewer resources the staff rose to the challenge and continued to identify opportunities for raising funds. The team managed to resurrect two of SBH Scotland's social and networking events, the Ladies Lunch 'We Love Lunch' and Golf Day. Both had been cancelled during the pandemic however generated record income due to the support and generosity of guests and sponsors.

We managed to maximise the public's desire to be active after months of lock down and were ready to recruit as soon as

restrictions allowed for the Kiltwalks and our Falkirk Wheel Abseil.

Unfortunately, the emergence of the Omicron variant over winter 2021/22 meant that SBH Scotland's renowned Burns Supper, 'A Question of Burns', had to be postponed once again. This corporate event is one of the largest mixed traditional suppers on the west coast, is normally attended by over 500 guests and generates circa £50,000 for SBH Scotland. Fortunately, for the charity our Question of Burns headline sponsor Chisholm Hunter generously donated £30,000 to celebrate what would have been the 30th year of their involvement with the event.

Another major donor that stepped in to support SBH Scotland was long standing Honorary Patron Gordon Ramsay OBE. Gordon thought it important to support the charity which he and his wife Tana have been involved with for many years. His generous donation of £100,000 in December 2021 went a long way in achieving our annual targets and therefore

being able to continue vital support to families through Scotland.

We continued to benefit from excellent relationships with a wide range of trusts and Foundations who offered much needed flexibility in how we used restricted funding to ensure services could continue, and we could respond to the urgent new covid needs identified for our beneficiaries.

We simply cannot thank such generous donors for their ongoing support and their belief in the work that we do supporting families across Scotland. As a result of such support our year end to March 2022 is showing a surplus of £140,349.

## Planning for the future

Although an incredibly positive result for 21/22, the fundraising team are still taking a prudent approach to budgeting income for 22/23. Until we see the impact of the continuing unprecedented external factors that continue to affect our ability to raise funds we will keep the fundraising team lean. Due to the uncertain financial landscape (cost of living crisis and European unrest) we are projecting a very difficult year in 2022/23. Our Board have provisionally approved our 2022/23 budget with a deficit of (£234,000). This shortfall in income generation will be buffered by using unrestricted reserves.

There is always financial uncertainty in the economy but after such extreme challenges seen over the past couple of years it becomes more increasingly apparent that traditional fundraising income streams are higher risk than before and extremely vulnerable to external factors. We therefore continue to investigate

ideas for Social Enterprise activity that will generate sustainable income offering us an income level that can be more accurately forecasted to allow service provision to be planned with confidence.



Deborah Roe, Director of Fundraising





# Celebrating a thirty year partnership

A generous donation of £30,000 was received from long-standing supporter Chisholm Hunter, following the cancellation of our biggest annual charity event due to Covid.



For three decades, Chisholm Hunter have been staunch supporters of SBH Scotland with a focus, most recently, as headline sponsor of our annual “A Question of Burns” supper.

Due to the continued impact of Covid on our charity, the planned ‘in person’ event had to be cancelled entirely this year. However, thanks to the kind donation from luxury jeweller and diamond retailer Chisholm Hunter, we managed to fill the funding void left by the cancelled event.

Harry Brown, Managing Director of Chisholm Hunter, said:

“SBH Scotland are a wonderful charity, and their work makes a real difference to the lives of over 3,500 individuals in Scotland who live with spina bifida and/or hydrocephalus.

“We understand how hard the third sector has been hit over the last two years and we’ve been truly inspired by the charity’s tenacity during this time. Chisholm Hunter’s relationship with SBH Scotland celebrates its thirtieth year in 2022 and we weren’t going to let the cancellation of an event interrupt the vital support services so many families rely on in Scotland.”

“I hope our donation goes some way in helping the charity to continue support for those who benefit from their fantastic services.”

Dr Margo Whiteford CBE, Chairperson of SBH Scotland, said:

“We could not be more thankful for the generosity and kindness shown by the team at Chisholm Hunter. We have to raise over £1 million each year and losing the Burns Supper event for this year was a big blow.

“We’re already looking forward to next year’s “A Question of Burns” supper, but more importantly we can’t wait to build on our relationship with Chisholm Hunter which has such a positive impact on the services we can offer our charity members. It is always a pleasure to work with their lovely team who have always gone above and beyond to help us throughout our thirty year relationship.”

SBH Scotland’s partnership with Chisholm Hunter clearly demonstrates the importance of building strong relationships with existing corporate supporters. Over the past year we have started to reach out to our business supporters to ask if we could work together more in the future and what those partnerships could look like.

Many companies were only too happy to get involved and have been great assets in helping us raise awareness of our charity in their own networks as well as supporting us in raising funds and giving their own skills throughout the year.





Graham Wyllie,  
GFW Quality Management

## Business Ambassadors

Current Business Ambassadors have been adding backlinks from their sites to ours, promoting us on their email footers, spreading the word about events and in the case of Graham Wyllie of GFW Quality Management, even had our logo embroidered onto his own branded clothing to raise awareness.

Deborah Roe, our Director of Fundraising said, “As a charity supporting rare conditions, it’s so important for us to get as much support as possible in every sector so we can reach our annual targets and continue lifeline support for those families who rely on us each day. Over the coming years we hope our Business Ambassador programme will go from strength to strength and we thank those who are already involved.”

**To find out more about becoming a Business Ambassador visit:**

**[www.sbhscotland.org.uk/business-ambassadors/](http://www.sbhscotland.org.uk/business-ambassadors/)**



Andy Goldberg, actionCOACH set himself a £50,000 fundraising target and has also donated his time offering workshops to staff



## Eve Robertson’s Ben Nevis School Challenge

Two Livingston students, were inspired to tackle Scotland’s highest mountain virtually in support of Spina Bifida Hydrocephalus (SBH) Scotland, a charity which is close to their hearts.

17 year old Eve Robertson, whose Auntie Shona has spina bifida, came up with the twist on the standard Ben Nevis Trek Challenge with best friend Murren Binnie. They made a plan to walk up and down the Dean Community High School Stairs 500 times until they’d covered the 1,345 metres which they’d have walked to reach the Ben Nevis peak. In doing so they raised £629.00 for SBH Scotland.

Eve said, “Murren and I really wanted to raise money for a worthwhile cause and because of my Auntie we were aware of the great work that SBH Scotland do. Murren and I both love walking so this seemed like a great challenge for us. We’re so grateful to our school, friends and family for all of their support on the day and during the planning stages.”

She continued, “The 500 laps of the school stairs took us less time than expected so we actually decided to double the challenge to 1000 laps – I guess you could say we walked up Ben Nevis twice!”

Deborah Roe, fundraising director at SBH Scotland said; “We’re incredibly grateful to Eve and Murren for their active support. We’d like to thank them and all those who kindly donated. Donations continue to mean more than they ever have as we support families through uncertain times. Each pound donated assists us in being there for anyone affected by these lifelong, complex disabilities at a time when they need us the most.”



# Accounts Summary

	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>Income and Endowments From</b>					
Donations and legacies	295,083	-	-	295,083	243,458
<b>Charitable Activities</b>					
Supporting those with spina bifida & hydrocephalus	30,590	301,188	-	331,778	474,992
Other trading activities	406,421	-	-	406,421	210,081
Investment Income	1,149	4,458	-	4,458	5,920
Other Income	21,226	-	-	21,226	134,140
<b>Total</b>	<b>754,469</b>	<b>305,646</b>	<b>-</b>	<b>1,060,115</b>	<b>1,068,591</b>
<b>Expenditure On</b>					
Raising funds	205,187	-	-	205,187	219,475
<b>Charitable Activities</b>					
Supporting those with spina bifida & hydrocephalus	389,445	309,827	29,119	728,119	759,341
<b>Total</b>	<b>594,632</b>	<b>309,827</b>	<b>29,119</b>	<b>933,578</b>	<b>978,816</b>
Net gains/(losses) on investments	7,921	5,891	-	13,812	42,393
Net Income/Expenditure	16,758	1,710	(29,119)	140,349	132,168
Transfers between funds	(12,036)	8,664	3,372	-	-
<b>Other recognised gains/(losses)</b>					
Actuarial gains/losses on defined benefit schemes	45,000	-	-	45,000	(4,000)
<b>Net movement in funds</b>	<b>200,722</b>	<b>10,374</b>	<b>(25,747)</b>	<b>185,349</b>	<b>128,168</b>
<b>Reconciliation of Funds</b>					
Total funds brought forward	753,936	136,152	679,033	1,569,154	1,440,986
<b>Total funds carried forward</b>	<b>954,691</b>	<b>146,526</b>	<b>653,286</b>	<b>1,754,503</b>	<b>1,569,154</b>

## Balance Sheet at 31<sup>st</sup> March 2019

	2022 £	2021 £
<b>Fixed Assets</b>		
Tangible assets	653,292	679,033
Investments	246,925	233,895
<b>Total</b>	<b>900,217</b>	<b>912,928</b>
<b>Current Assets</b>		
Debtors	154,941	131,328
Cash at bank	1,038,504	903,263
<b>Total</b>	<b>1,193,445</b>	<b>1,034,591</b>
<b>Creditors</b>		
Amounts falling due within one year	(307,159)	(286,365)
<b>Net Current Assets</b>	<b>886,286</b>	<b>748,226</b>
<b>Total Assets Less Current Liabilities</b>	<b>1,786,503</b>	<b>1,661,154</b>
<b>Pension Liability</b>	<b>(32,000)</b>	<b>(92,000)</b>
<b>Net Assets</b>	<b>1,754,503</b>	<b>1,569,154</b>
<b>Funds</b>		
Unrestricted funds	653,286	753,969
Restricted funds	146,526	136,152
Expendable Endowment funds	653,286	679,033
<b>Total funds</b>	<b>1,754,503</b>	<b>1,569,154</b>

## Statement by the Trustees

These summarised financial statements are a summary of information extracted from the full annual statutory financial statements for the financial year ended 31 March 2022 which were approved by the Trustees on 27th July 2022 and have been audited by Anderson, Anderson and Brown Audit LLP, who gave an unqualified audit report on 7th September 2022.

The auditors have confirmed to the Trustees that these summarised financial statements are consistent with the full annual statutory financial statements for the year ended 31 March 2022.

These summarised financial statements may not contain sufficient information to gain a complete understanding of the financial affairs of the charity. The full annual statutory financial statements which include the Report of the Trustees and the Auditors' report on those financial statements may be obtained from The Dan Young Building, 6 Craighalbert Way, Cumbernauld G68 0LS.



# Thanks to

We are sincerely grateful for the generous support of individuals, trusts, grant making bodies, companies and legacies which ensure that Spina Bifida Hydrocephalus Scotland are available to provide dedicated support to all those in Scotland who ask for our help. We would like to thank everyone who donated in the 2021/22 financial year. Due to the number we are unable to list each and every one of you but rest assured we remain ever thankful.

## Trusts & Grants

Arnold Clark Community Fund  
Awards for All  
Bank of Scotland  
Barratt Developments Plc Charitable Foundation  
BBC Children in Need  
Better Breaks  
Burdett Trust for Nursing  
Cameron Whiteford Charitable Trust  
City Charitable Trust  
Comic Relief  
Commonweal Fund  
Cruden Foundation Ltd  
Edinburgh Children’s Holiday Fund  
Hugh and Mary Miller Bequest  
I B B Trust  
JTH Charitable Trust  
Leach Family Charitable Trust  
Leith Benevolent Association

Miss A M Pilkington’s Charitable Trust  
Miss Anges Hunter Trust  
National Lottery  
NHS Education Scotland  
Noble Resolve Gospel and Temperance Mission Auxiliary  
Northwood Charitable Trust  
Penpont Charitable Trust  
Persimmon Homes  
Pleasance Trust  
Reo Stakis Charitable Foundation  
Scotmid Community Grant (Scottish Midlands)  
Scottish Children’s Lottery  
Scottish Power Foundation  
Talteg Limited  
Templeton Goodwill Trust  
Tesco Ground Works  
The Adamson Trust  
The Alliance (Long Term Conditions Alliance Scotland)

The Ann Jane Green Trust  
The Appletree Trust  
The Corra Foundation  
The D W T Cargill Fund  
The Gertrude Muriel Pattullo Trust for Disabled Young People  
The P F Charitable Trust  
The Robertson Trust  
The RS Macdonald Charitable Trust  
The Russell Trust  
The Sir Jules Thorn Charitable Trust  
The University of Edinburgh  
The Volvox Trust  
William S Phillips Fund

## Grants and Local Authority Income

Scottish Government  
North Lanarkshire Council

## Corporate Support

A G Barr  
ACS Clothing  
Andrew Goldberg - Action Coach  
AD Plus Accountants  
Albert Bartlett  
Alexander Hart Properties Ltd  
Alexander Taylor Bakery & Cafe  
Amazon UK  
Architectural Doors & Windows Limited  
Arrest Fire and Security  
Asda Dundee West  
Bam Properties Limited  
Big Bobble Hats Ltd  
Blue Parrot Event  
Broch Bar  
Bryden Medical Ltd  
BTO Solicitors  
Cala Homes (West) Ltd  
Cantium Business Solutions  
Chapelhall Post Office  
Charities Trust  
Charles Bullen Stomacare Limited  
Chisholm Hunter  
Clancy Consulting  
Clyde Pharmacy  
Cole Advertising & Design  
Co-op Dunbar  
CPS UK  
Crown Hotel  
Curtis Moore Ltd  
D Millen Butchers  
Dalriada Trustees  
Designer Contracts Ltd  
Dougall Baillie Associates  
Dounby Post Office  
Driver Check Ltd  
DSSR  
Easy Fundraising  
Ecclesiastical Insurance Group  
Edmundson Electrical Ltd  
Emslie S Collier & Sons Ltd  
Endura Ltd  
Engie Regeneration Limited  
Excellimore Ltd

FatBuzz  
Fergusons Hair Academy  
Fishers Hotel  
G D Lodge Architects LLP  
Gardiner & Theobald LLP  
Geraldo’s  
GFW Quality Management Ltd  
Giambrone Europe LLP  
Giulianos  
Gleneagles Hotel  
Glenmuir Limited  
Graham Construction  
Grants Bros (Meat Cannery) Ltd  
Groundworks UK  
Grovemoor Properties Ltd  
GSK  
Hook Fish & Chips  
House of Glenroy Limited  
ICW Consultants Ltd  
Insite Contracts  
Instant Impact Group  
Interpath Advisory  
Inverurie Chartered Physiotherapy Clinic  
Ironworks Engineering Ltd  
James Chapman (Butchers) Ltd  
Joe Walker Group  
John Fraser & Son  
Johnson Poole and Bloomer  
Jumbo Cards and Gifts  
Lees of Scotland Limited  
LJF Powder Coating Ltd  
Loch Lomond Group  
Make Believe Parties and Events  
Manor Estate Agency  
Marini’s  
McAuley Architecture Ltd  
McColls  
McLeod & Aitken  
McVities  
MM Search  
Monapics  
Morrisons  
Nairns Oatcakes  
Nardini’s  
Next Plc  
Northwood Aberdeen

Orkney Antiques  
Paypal Giving Fund  
Persimmon Homes North Scotland  
Pines Chip Shop  
RACAM Security and Communications  
Railway Inn  
RAMS FM Ltd  
Rangers Football Club  
Redpath Construction Ltd  
Reith Lambert  
Rettie & Co  
Roberto’s  
Robertson Construction  
Ross & Liddell Ltd  
Royal Bank of Scotland  
Savills UK  
Scottish Enterprise Staff Charity Fund  
Segton Bar  
Seko Logistics  
Simply Vantage  
Slaters  
Sloan Dental Bishopton  
SP Distribution PLC  
Spar  
SSE PLC  
Stevenson & Marshall LLP  
Synergie Environ  
Tesco Stores  
The Fundraising Company  
The Stables Bar & Restaurant  
The Swan Inn  
The Weather Lottery  
The Wellington Bar  
Thomas Tunnock Ltd  
Turning Heads  
Village Store & Post Office  
Voice Technologies  
VSN Sport  
West Brewery  
West Fraser Engineering  
Whyte Fraser & Co Solicitors  
Wm Montgomery & Sons Ltd  
Workwear Station Ltd  
Wright Johnston & Mackenzie LLP  
ZLX Business Solutions Ltd



**Company registered number**

SC213050

**Registered charity number**

SC013328

**Registered office**

The Dan Young Building  
6 Craighalbert Way  
Dullatur  
Glasgow  
G68 0LS

**Honorary Patron**

Gordon Ramsay OBE

**Patron**

Duncan Bannatyne OBE

**Ambassadors**

Nicola Cassells  
Meggan Dawson-Farrell  
James Smith

**Trustees**

Dr Margo Whiteford CBE - Chair  
Dr Rhoda A Abel  
Jonathan R Best  
Harold G Brown  
Prof Robert Carachi MBE  
Thomas A Cromar  
Kirstie Dawson  
Fraser D Falconer  
Scott Howie

John McDougall  
P Michael Samuel  
William S Scott MBE  
Deyrick Smith  
Brenda C Wilson

**Chief Executive and Company Secretary**

Andrew H D Wynd MBE MIOd

**Senior Management Team**

Clare Cogan Turner  
Deborah Roe  
Sophie Teeear  
Lorraine Wilson

**Independent auditor**

Anderson Anderson & Brown Audit LLP  
Citypoint 2  
25 Tyndrum Street  
Glasgow  
G4 0JY

**Bankers**

The Royal Bank of Scotland  
Edinburgh  
EH2 4EQ

**Solicitors**

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Glasgow  
G2 5EZ

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Hydrocephalus  
Scotland



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