

ALLER



scottish spina bifida association



#### Welcome to the Scottish Spina Bifida Association's 2014 Annual Report. Every year the Scottish Spina Bifida Association (SSBA) offer support to all children, young people, adults and families in Scotland who are coping with spina bifida and/or hydrocephalus.

This report takes a look at how vital this daily support is to all those who ask for our help and puts a spotlight on some of the special successes we have achieved with groups and projects over the past 12 months. We also take a brief look towards future service delivery and expansion of services across Scotland.

We are indebted to those who have, and continue to donate and support the Association and thank you for taking this opportunity to show your own interest in the critical work we do.

#### **Chairperson's Report**

The past 12 months have impacted heavily on the Scottish Spina Bifida Association. From positive expansion and growth of projects Scotland-wide and a successful Folic Acid campaign to the building of international relationships and the very sad loss of our dear friend and Honorary President, Dan Young.

Despite promises of an upturn in the economy being just around the corner, the remnants of recession have been clearly visible across the Association's challenging fundraising landscape and we saw a significant decrease on the income for 2012/13. Thankfully, restricted funding was achieved so existing projects did not need to end but rather grow and expand.

Through funded projects such as 'Positive Connections', 'Breakaway'

'Sea Change North' and 'Be All You Can Be' we developed previous themes of wellbeing, self-management of conditions and independence. Covering a range of localities in Scotland and supporting children and young people aged 0 – 25 and their Carers.

Such positivity was reflected in the other work of the Association as we celebrated International Spina Bifida and Hydrocephalus Day on 25th October by launching our 'Are You Getting Enough' Folic Acid Campaign. Aimed at all women who might become pregnant we recommended that they take a daily tablet containing 400mcg of folic acid before conception and during the first 12 weeks of pregnancy to reduce the risk of the pregnancy being affected by spina bifida. Working alongside Scottish Government the campaign included a successful launch in Scottish Parliament, sponsored by Malcolm Chisholm MSP and keynote speech by Michael Matheson MSP, the Public Health Minister.

In other successful partnerships I was delighted to be sworn in as the President of the International Federation of Spina Bifida and Hydrocephalus. Being voted into such an esteemed position allows me to keep the Association at the forefront of information sharing and advances in research which will maintain our prominent reputation globally.

Positivity has been a key theme over the past 12 months. In spite of incredibly challenging financial times we look forward hopeful of more progression and the promised up turn in the economy. Over the past year we have remained grateful to Staff, Board of Directors, Patrons, Volunteers and Friends for their ongoing support. I would like to record a sincere thanks to Sam Forrest who was one of the longest serving Directors on our Board who tended his resignation in February and a further thanks also to June Devlin and Vivien Morton for their time on the Board.

Finally, I would like to thank the Individuals, Companies and Grant Making Bodies for their generous contributions which continue to enable a stable future for those whom spina bifida and hydrocephalus is a daily reality.

Margo L. White ford.

Margo L Whiteford Chairperson



Last year, we provided **1,090** hours of respite to carers

www.ssba.org.uk had over **16,000** visits from individuals

looking for assistance and information

The SSBA Facebook page had over **5,000** visits from individuals looking for information and

to join our community

Spina Bifida is a neural tube defect; a fault in the spine in which one or more vertebrae fail to form properly, leaving a gap or split, causing damage to the nervous system Achievements AND PERFORMANCE

The past year has continued to evidence real financial challenge in terms of income generation for general purposes. Despite this there have been welcome increases in community fundraising and there are early signs of long term benefits as we focus fundraising efforts around our main areas of activity. This has been particularly noticeable in the North of Scotland.

There is now a heavier reliance on trusts and foundations to support our core and development areas. Whilst this is to be welcomed, there has been a significant increase in workload for staff to manage the varying application processes for these funds and to develop more robust monitoring and evaluation procedures to meet the different demands of funders.

One of the most significant changes in the year was the complete refresh of service delivery of our core work. Families were eager to ensure that the Association did not lose sight of the sterling work provided by two of our Family Support Team who left during the year, Anne Kane (who had retired in March 2013) and Anne Metcalfe who left for pastures new in May 2013. The "two Anne's" as they were affectionately known had been a lifeline for families in the central belt of Scotland for many years. They had developed a wealth of experience which would be almost impossible to replace in the short term. There is no doubt that we owe a huge debt of gratitude to both Anne's for their commitment over the years.

During the year we also said goodbye to our Services Development Manager, Diane Waugh and our Specialist Nurse, Lisa Henderson both of whom had brought new skills, energy and their own unique personalities to a very new and evolving Association.

It is also a tribute to the remaining staff, especially those new staff members working within the Association's wide ranging time limited direct services projects that they rose to the challenge of significant staff change. Had it not been for their determination, enthusiasm and their focus on ensuring our families received the best possible support with the limited resources available, we would not have been able to maintain and develop our essential and much needed services.

Our new team is headed by Sophie Teear who has been appointed our Direct Services Manager for Scotland and Mel Cook as Senior Family Resource Worker based at the Dan Young Building.

The Healthy Living Project and healthcheck clinics continue under the leadership of Caroline McAlpine and our new Early Years Project (providing early learning and childcare support for all children in North and South Lanarkshire areas) is headed up by Mary Evans and her team.

# <complex-block><complex-block>

A number of sessional staff now support a range of work, from one to one support in the North of Scotland to groupwork activities in the central belt.

Thanks to BBC Children in Need we have been able to develop our successful SEA Change project to focus on our young people in the North of Scotland.

The RS McDonald Trust have also continued to support our work for those with hydrocephalus. We were delighted to work in partnership with NHS Lothian on this exciting project which has culminated in the development of a new website for families who want to know more about hydrocephalus and what helpful strategies can be put in place to manage the often subtle challenges which hydrocephalus brings.

We are delighted to confirm that our own Chairperson, Dr Margo Whiteford has been elected as Chairperson of the IF (The International Federation for Spina Bifida and Hydrocephalus). This will strengthen our links with colleagues throughout the world who strive to improve the quality of life for all those affected by neural tube defects (NTD's).

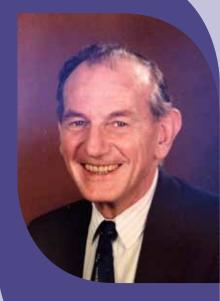
The Association hosted its first Parliamentary Event at Holyrood to celebrate World Spina Bifida Day and to promote awareness of Folic Acid supplementation. The Public Health Minister, Michael Matheson MSP, presented the keynote address. One of our families, the Chambers (Cy, Mel and Ella) also spoke at the event with Ella stealing the limelight and the hearts of all who attended.

The Association continues to be significant in influencing at a strategic level with close working relationships with our colleagues in Scottish Government, NHS Boards and increasing involvement in the National Managed Service Network for Neurosurgery and with the National Neurological Advisory Group.

## Future Developments

The SSBA is set to see further changes in the coming years. Our main focus is to seek increased general funding in order to maintain and extend our work. The Board of Directors have approved a 5 year development plan which is projected to address the ongoing financial difficulties faced by the Association. This indicates that for the next two years we will be operating on a deficit with recovery and income surplus projected in year 3 and beyond. During this time the Association will be reliant on its small and dwindling reserves to ensure that essential services continue to be delivered.

Significant energies have been devoted to developing a major early years programme in the East of Scotland and specifically in the NHS Lothian, Borders and Fife areas. We are confident that new income streams will emerge to support this work over the next few months.



# Special TRIBUTE

# Daniel Greer Young

22 November, 1932 20 October, 2013 Prof. Dan Young was appointed Honorary President of the Scottish Spina Bifida Association in September 1977, a position he held with quiet and unassuming passion throughout the ensuing years.

Dan was not just an outstanding and compassionate paediatric surgeon but a warm and caring man who found no greater joy in life but to cradle a little child in his arms, with the express intent of doing all he could to ensure that "his children" would have the very best chance in life, despite their often complex and lifelong disabilities.

Dan was pivotal in ground-breaking surgery in the early 60's and 70's by the introduction of the first shunts to control hydrocephalus in neonates. This transformed the life expectancy of a significant number of babies born with spina bifida and hydrocephalus and ushered in the first generation of spina bifida patients who could look forward confidently to a hugely enhanced life expectancy.

Despite his exceptional gifts as an academic teacher and mentor, Dan never lost sight of the things that mattered to parents and children with whom he came into daily contact. In the real sense of the word, Dan had that unique and sadly now rarely seen vocation to his profession. For him, long hours and hard graft were not something to be challenged, but something to be celebrated because in that commitment, grew greater understanding and knowledge, greater experience and wisdom (although he would never have acknowledged any of these qualities in himself).

In 2007, a new purpose built National Family Support Centre was opened. All who were pivotal in its development, never questioned for a moment what the building should be called although Dan seemed strangely bemused by the announcement that "The Dan Young Building" (pictured) was to be a lasting reality of his dedication to the cause.

As we all journey through life we will meet many individuals for whom we have a high regard, but rarely do we have the privilege of meeting an extraordinary man, with exceptional talents and endless compassion and gifts to share freely and willingly. A man who quietly touches the heart and soul. A man who leaves a lasting memory in all with whom he came into contact.

Messages of sympathy have flooded into the Spina Bifida Centre from adults who remember with warm affection, the skill and the talent, the care and attention which was the hallmark of this gentle giant of a man.

Perhaps the most fitting tribute of all was to witness, in his last weeks, a visitor to Dan's bedside, a mother of a child who sadly died some 14 years earlier. A mother who recalled how Dan had cared for her boy as if he was his own, throughout his 19 short years of life. She never forgot Dan's kindness and they both kept in touch over the years. This was her time to express her thanks to this remarkable man.

Dan has left us a wonderful legacy. We will do well to honour his memory in the years to come by recalling his example, his wisdom and his quiet determination to do what is right and to do the very best we can for those for whom we have a very real responsibility.

Gow Worky

Andrew H D Wynd MBE Chief Executive Scottish Spina Bifida Association

Since opening, The Dan Young Building has housed specialist support staff and play workers who provide health check clinics, support groups and family play days to all affected by spina bifida and/or hydrocephalus.



# Fundraising

**Every penny raised** by our supporters **stays in Scotland** to maintain and develop our services.

In this continuingly difficult economic climate the fundraising team have become innovative in their methods of raising funds. One of our successful new challenges in 13/14 was "The Dragon's Dare" which helped raise over £25,000. With the help of our Patron Duncan Bannatyne OBE, the SSBA invested £500 into corporate teams and the teams had the challenge of turning this initial investment into £5000 in 6 months. The commitment and enthusiasm of all that took part was truly inspirational and a huge thank you must go to Duncan, all the teams (Turtle Tots, The Cook School Scotland, Mimosa Life and the Aberdeen team led by Chris Tonner and supported by deputy Adrian Gomes) and our judging panel of leading Scottish entrepreneurs John Pirrie (partner in Nevis Capital LLP), Michelle Rodger (crowdfunding champion and MD of communications company TartanCat) and SSBA chair Margo Whiteford.

Raising over £8,000, Gill Currie and Kirsty McNiece (Turtle Tots - pictured)

emerged as the winners of this challenge. They expanded their existing baby and toddler swimming franchises into Aberdeen.

Special thanks go to the Peterhead Ladies Lunch Committee who continue to raise over £20,000 for us annually by organising two spectacular lunches aptly named "Shimmer and Sparkle". Thanks also must go to Carol Fullerton for organising the Spring Bling Ball, the St Patrick's Day Ball Committee, The Great Big Property Gig, Clayton Charity Fund, Fairways Business Group, Kristen Norquoy and Stuart Chesby, who has Spina Bifida, and raised over £800 last year hosting an event for us.

Restricted project funding continued to be a way of supplementing and positively enhancing our Direct Support Services.

• The National Lottery secured funding for three separate projects. The Early Years Early Action programme funded our "Be All You Can Be project" which provides children Fundraising continues to be an essential focus for the Association as we are almost entirely self-funded. Every year a small team of fundraisers have the task of raising just under 1 million in 12 months. 98% of our income is generated via donations, community fundraising, sponsored challenges, trusts, grants, social and corporate events, legacies, corporate partnerships, donations.

Without the support of our funders, both financial and in-kind, our work would simply not be possible.

aged 0-5 year's access to Play and Learning Support Workers to help with their development. The National Lottery also funded our Positive Connections project via their Young Start Programme, and the Communities and Families Fund supported our Fun and Friendship for Families providing support groups for parents.

- BBC Children In Need funded the SEA Change North project which provides trained sessional workers to support 12-18 year olds and increase their independence skills.
- RS MacDonald Charitable Trust provided funding for our Hydrocephalus Focus project.
- The Scottish Government funded our Bring IT On project.
- Shared Care Scotland provided funding for our Breakaway project providing parents with regular respite and allowed our young people to engage in activities increasing their confidence and independence.

• The Health and Social Care Alliance donated funding so that the SSBA could research the issues children and young people face when gaining employment.

Other major supporters included the Robertson Trust and Children's Aid Scotland who generously gave funding to allow children & families to go on a group outings and providing invaluable respite.

We simply could not mention everyone that has supported us, but please be assured that no matter how much you raised, from a few pennies to thousands of pounds we are incredibly grateful. Equally so if you volunteered your very valuable time, we're most grateful. The 2014 Commonwealth slogan "People make Glasgow" is powerful and everyone in the Association agree that "Our Supporters make this Association."

Honke

**Deborah Roe** Director of Fundraising

# Public Awareness and Health Promotion



nformation on the importance of taking Folic Acid before and during pregnancy Spina bifida is a Neural Tube Defect which occurs in pregnancy. It is caused by the failure of the neural tube to close properly and the fault occurs in the first 28 days of pregnancy. Many people born with spina bifida will be lifelong wheelchair users. A majority also have hydrocephalus which can cause learning difficulties.

The knowledge that a simple B vitamin (folic acid) can help to prevent these lifelong disabilities was the spur for the Scottish Spina Bifida Association to launch their "Are you getting enough?" campaign.

The campaign's aim is to promote the consumption of folic acid to all sexually active women of childbearing age in Scotland.

# Facts:

**Nearly 50%** of pregnancies are unplanned so if you are sexually active and there is any chance that you might become pregnant take a daily dose of folic acid.

**Taking folic** acid at least three months prior to conception has been proven to significantly reduce the risk of spina bifida in your unborn child.

#### **The effects** of Neural Tube Defects can range from nerve damage to incomplete brain development in severe cases.

Women who could become pregnant are recommended to take at least 400mcg of folic acid daily before they conceive and during the first 12 weeks of pregnancy.

**Folic acid** is also known as Vitamin B9. www.folicacidscotland.org.uk

# Back to Basics Support for All



Supporting the family as well as the individual has long been an important aspect of the work of the Scottish Spina Bifida Association (SSBA). When a child is born with spina bifida and/or hydrocephalus the SSBA are there at the hospital, in homes or at our Support Centre in Cumbernauld. Our Support Workers are often described as a 'shoulder to cry on' or 'just someone to talk to' and are there to answer a host of questions on everything from the conditions themselves, local support groups, disability living allowances to housing adaptions, financial support and education.

As a carer it is often easy to neglect your own needs for the wellbeing and happiness of your dependent and this is obvious when you talk to any family caring for a loved one with spina bifida and/or hydrocephalus. Due to the complexities involved with the conditions carers can spend a vast majority of their time caring for their loved one; this can lead to carers missing out on events in their own lives and young people not having much independence.

Many newly funded groups have been set up over the past 12 months focusing on the carers as well as the children/young adults. As an extension of our established Family Support, through these groups, children from 0-25, their parents and carers all have the opportunity to develop physically, emotionally and socially.



## **Be All You Can Be**

The Be All You Can Be Project delivered an individual support package to parents and children in Central Scotland aged from 0-8 years who have physical and/or learning disabilities associated with spina bifida and hydrocephalus. Due to these particular issues young children are not always able to access their local early education centre and if they do, often their attendance is irregular due to frequent health interventions and often lengthy periods of time in hospital.

SSBA Staff worked alongside children and families to offer tangible support to help improve the child's communication, mobility and learning through individualised play and learning support packages including activities such as singing, reading, arts & crafts and outdoor play. The project also held groups at the SSBA centre in Cumbernauld to introduce the children to one another, develop social skills and give parents a chance to meet and network. The project also included education and training to nursery staff and parents on how to deal with issues that may arise and how to encourage their child how best to play and learn.

"Sarah loves her playworker, Kim, coming to see her. It's also really helped with her mobility as we now have special exercises to do with her."

### Breakaway

The Breakaway Project aimed to provide regular respite not only to carers but also to their children by having youth workers visit the families at home and take the young people out on planned activities to increase their social interaction, confidence and independence.

Throughout the project, staff identified 12-16 year olds in Central Scotland, visited these individuals at home as

> **100% of carers** felt that their child enjoyed the sessions with youth workers

well as arranging groups at our centre in Cumbernauld and activities out in the local community to give carers respite and improve the well-being of the young people.

Introducing Ewan, a 14 year old with hydrocephalus. His story is like many of the children we support; he enjoys school but has very little contact with his peers outside of the school environment; he attends no clubs or groups, he feels socially isolated and he is shy and anxious and lacks confidence and self-esteem. However, Ewan would like to "go out more, do more fun stuff and have more friends."

#### **75% felt that** Breakaway has encouraged independence

At the SSBA problems have solutions. The SSBA Breakaway Project provided Ewan and his family with their own youth worker, Jim, who said that from there "good things just seemed to happen".

Jim discovered a local community afterschool club within walking distance of Ewan's home so they went along to the group, met others his age and participated in a range of activities. Ewan would previously have been very anxious about going along, but with his youth workers support he participated well and, after the first session, loved the club. Ewan now attends this group independently as he made new friends to hang out with. He was also feeling confident enough to take part in a hip hop dance show and has a new found interest in photography.

"I really like it and I've made new friends, it gives me something to do on my own." - Ewan

"Having something to do without his family has made a big difference. It's something he is proud of." - Ewan's Mum, Elaine.

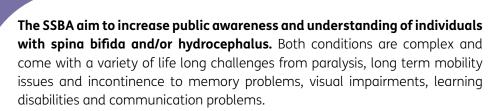
Elaine says "Ewan has come out of his shell. He has lots of new friends which has lifted his confidence and turned his personality around. He's full of beans when he comes home from group and can't wait to go again".

Respite is so important and as a full time carer of Ewan, the Breakaway Project has also benefitted Elaine, "it has given me regular time to do the things I've really wanted to do but never could such as my reiki course."

She highlighted that she could never take up a course like this in the past because finding the time and childcare each week was impossible. *"Ewan's support was arranged so that I got the time when I needed it."* 

Having her own interests outside the family and being able to meet new people has had a positive impact on her and her family as a whole.

"I've seen a big change in Anton, the confidence is just bursting out of him."



Overcoming Adversity

Through one-to-one support, projects and groups the specialist staff at the Scottish Spina Bifida Association are able to work with each service user, bringing out the best in them and giving them the best chance in life.

# **Positive Connections**

Introducing Ethan, a 24 year old who has spina bifida and hydrocephalus. He has no siblings and lives at home with his Mum, Jenny and his Dad, Dave. The family has moved house a number of times but have remained in close contact with the Association and attends monthly support groups as well as attending carer's conferences.

Ethan uses a wheelchair and is doubly incontinent. Symptoms of hydrocephalus vary for each person and Ethan has struggled with the same issues every day which makes life less enjoyable. For example, he struggles to concentrate and often forgets to complete a task such as brushing his teeth or tying his shoelaces, which makes him confused and anxious. This makes him feel less secure and less confident.

The Scottish Spina Bifida Association provide support to the whole family and encouraged Ethan to join a new group for 18- 25 year olds. The group meets at least once a month and the objective is to give the Association the opportunity to give the people involved access to opportunities to help increase self-management of their conditions.

After the first session that Ethan attended, his Mum noticed a change

in his confidence levels. She used to describe him as painfully shy but after a year of attending the groups, she now

describes him as 'noisy and proud'. The groups allowed Ethan to discuss his issues with other young men who were facing exactly the same issues.

On one occasion, the Association was undertaking research to understand the employability issues faced by young adults. Ethan was more than happy to speak up about the issues he faced which allowed the Association to help not just him, but everyone else across the country who was in the same predicament. The group bravely took on a challenge to host a community day at the Association and met with local groups to invite them along. This allowed the group to increase their skills for their CV's.

Ethan is now a confident young man and has found a love of music through a music session which was organised for the group. With the support of the Association and his new peer group, Ethan applied to a college course and will be attending next year to learn more about music.



**£25** could provide information packs and support for a new family

# Statement of Financial Activities For the Year Ended 31 March 2014

**£100** allows the Association to provide a free wheelchair skills course to 5 children

# **£150** pays for a

support worker to provide a month of intensive support to a family with a new baby

	Unrestricted Funds	Restricted Funds Daniel Stewart MacLagan	Other Restricted Funds	Expendable Endowment	Total Funds 2014	Total Funds 2013
Incoming resources	£	f	£	£	£	f
Incoming resources from generated funds:						
Voluntary income	101,379	-	-	-	101,379	141,801
Activities for generating funds	349,749	-	-	-	349,749	474,154
Incoming resources from charitable activities	13,453	-	199,059	-	212,512	281,788
Investment income	3,024	3,179	-	-	6,203	7,046
Other incoming resources	8,452	-	-	-	8,452	9,884
Total incoming resources	476,057	3,179	199,059	-	678,295	914,673
Resources expended						
Costs of generating funds including donation	IS,					
legacies and similar incoming resources	235,268	-	-	245	235,513	341,985
Charitable activities	274,772	-	208,321	44,362	527,455	635,421
Governance costs	24,727	-	-	-	24,727	31,121
Total resources expended	534,767	-	208,321	44,607	787,695	1,008,527
Total resources expended Net (outgoing) / incoming resources before transfers Transfers	<b>534,767</b> (58,710)	- 3,179	<b>208,321</b> (9,262)	<b>44,607</b> (44,607)	<b>787,695</b> (109,400)	<b>1,008,527</b> (93,854)
Net (outgoing) / incoming resources before transfers						
Net (outgoing) / incoming resources before transfers Transfers	(58,710)	3,179	(9,262)	(44,607)		
Net (outgoing) / incoming resources before transfers Transfers Gross transfers between funds Net (outgoing) / incoming resources before	(58,710) (113)	3,179 (3,262)	(9,262) 1,908	(44,607) 1,467	(109,400)	(93,854)
Net (outgoing) / incoming resources before transfers Transfers Gross transfers between funds Net (outgoing) / incoming resources before other recognised gains and losses	(58,710) (113)	3,179 (3,262)	(9,262) 1,908	(44,607) 1,467	(109,400)	(93,854)
Net (outgoing) / incoming resources before transfers Transfers Gross transfers between funds Net (outgoing) / incoming resources before other recognised gains and losses Other recognised gains / losses	(58,710) (113) (58,823)	3,179 (3,262) (83)	(9,262) 1,908	(44,607) 1,467	(109,400) (109,400)	(93,854) 
Net (outgoing) / incoming resources before transfers Transfers Gross transfers between funds Net (outgoing) / incoming resources before other recognised gains and losses Other recognised gains / losses (Losses) / gains realised on investments	(58,710) (113) (58,823) (65) 4,815	3,179 (3,262) (83) (2,102)	(9,262) 1,908	(44,607) 1,467	(109,400) (109,400) (2,167)	(93,854)  (93,854) (1,959)
Net (outgoing) / incoming resources before transfers Transfers Gross transfers between funds Net (outgoing) / incoming resources before other recognised gains and losses Other recognised gains / losses (Losses) / gains realised on investments Unrealised gains / losses on investments Net (outgoing) / incoming resources for the y	(58,710) (113) (58,823) (65) 4,815	3,179 (3,262) (83) (2,102) 835	(9,262) 1,908 (7,354) -	(44,607) 1,467 (43,140) - -	(109,400) (109,400) (2,167) 5,650	(93,854)  (93,854) (1,959) 13,979

Balance Sheet -	f	2014 £	2013 £
As at 31 March 2014			
Fixed assets			
Tangible assets	789,573		832,713
Investments	182,971		175,596
Investments	102,971		
		972,544	1,008,309
Current assets			
Debtors	100,659		151,727
Cash at bank and in hand	363,704		393,733
	464,363		545,460
Creditors: amounts falling due within one year	106,720		117,665
Net current assets		357,643	427,795
Total assets less current liabilities		1,330,187	1,436,104
Net assets		1,330,187	1,436,104
Represented by Unrestricted funds:			
General Funds		84,801	51,114
Designated Funds		299,542	387,302
Restricted funds			
Daniel Stewart MacLagan Endowment Fund		105,200	106,550
Other		51,071	58,425
Expendable Endowment		789,573	832,713
		1,330,187	1,436,104

Scottish Spina Bifida Association (Limited by Guarantee) Company Number SC213050 Scottish Charity Number SC013328

## Statement by the Directors

These summarised accounts are an extract from the statutory accounts for the financial year ended 31 March 2014 which were approved by the Board on 9th July 2014 and have been audited by Hardie Caldwell LLP, who gave an unqualified audit report on 2014.

The auditors have confirmed to the directors that the summarised accounts are consistent with the annual accounts for the year ended 31 March 2014. The annual accounts and directors' report were approved by the Board and signed on their behalf on 9th July 2014, and will be delivered to the Registrar of Companies and the Office of the Scottish Charity Regulator.

These summarised accounts may not contain sufficient information to gain a complete understanding of the financial affairs of the charity.

The full annual accounts and the auditors' report on those accounts and the directors' report may be obtained from The Dan Young Building, 6 Craighalbert Way, Cumbernauld G68 0LS. The audit opinion on the full annual accounts read as follows:

"In our opinion the financial statements:

• give a true and fair view of the state of the charitable company's affairs as at 31 March 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

 have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

 have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 8 of the Charities Accounts (Scotland) Regulations 2006."

Margo L. White prod.

Margo L Whiteford - Director

Andrew H D Wynd MBE -Chief Executive and Secretary

# Statement by the Auditors

In our opinion these summarised accounts are consistent with the statutory accounts of Scottish Spina Bifida Association for the year ended 31 March 2014.

the added up.

Hardie Caldwell LLP - Statutory Auditors

We are incredibly grateful to all those who have generously donated to the Association over the past 12 months. Because of you we have been making real differences in the lives of those we support throughout Scotland. Below is a glimpse at some of those who have contributed in the past year.

#### Trusts

A & S Lass Charities Ltd BBC Children in Need Big Lottery Fund **Binks Trust** Bruce Wake Charitable Trust Children's Aid (Scotland) Ltd. Cruden Foundation Ltd **Greggs Foundation Scotland** Incorporation of Maltmen James Weir Foundation Jane Hodge Foundation John Napier's Trust JTH Charitable Trust Health and Social Care Alliance Lothian Buses Plc Miss E C Hendry's Charitable Trust Miss Marion Broughton's Charitable Trust Noble Resolve and Temperance Mission Auxiliarv Peter Vardy Foundation Robin Charitable Trust Santander Foundation Slaters Mens and Ladies Wear **Templeton Goodwill Trust** The Albert Hunt Trust The Alchemy Foundation The D W T Cargill Fund The Edith Murphy Foundation The George McLean Trust The Glasgow Academicals War Memorial The Havward Sanderson Trust The Hugh and Mary Miller Bequest The Hugh Fraser Foundation The Jeffrey Charitable Trust The John M Archer Charitable Trust The Joicey Trust The Mackintosh Foundation The Martin Connell Charitable Trust The Nancie Massey Charitable Trust

The Rank Foundation The Robertson Trust The Row Fogo Charitable Trust The RS Macdonald Charitable Trust The Society of Deacons & Free Preseses of Glasgow The Souter Charitable Trust The Sylvia Aitken Charitable Trust W M Mann Foundation Ward Family Charity William Grant & Sons

#### Legacies

Mrs Violet M Sinclair Mrs Nanette Hampson Mr George Hay Dr Agnes Kidd Riley

#### Local Authority Funding

Angus Council Glasgow City Council North Lanarkshire Council Perth & Kinross Council

#### **Corporate & Individual Support**

Aberdeen Evening Express Allergan International Foundation Apache North Sea Limited Argyll Properties Asda Cumbernauld Aviva Axsys Technology B & M Home Stores Bank of Scotland Foundation BDL Management Ltd Big Hearted Scotland Bogleha Bowling Club Braehead Foods BT South of Scotland Cassea Ltd could help

individuals &

families make

a critical call

to our Lo-Call

Helpline &

receive the

support they

Clayton Charity Fund CNR International (UK) Limited Craighalbert Christian Fellowship Cumbernauld 10K Committee Cumbernauld Community Fire Station DM Roofing & Roughcasting Ltd Drums n' Roses Ennis Prismo Traffic Safety Solutions EnviroCentre Ltd Fairways Business Group Friends of Cumbernauld Community Park GAMTA Glasgow Herald Graham + Sibbald Grant Thornton UK LLP Great Big Property Gig Committee **GS Corporate Risk Services** Harper Macleod Solicitors Holloway Martin LLP J W Green Trailers Jaeaer James Chapman (Butchers) Ltd Laing O'Rourke Scotland & Cumbria Make Believe Events Miller Samuel LLP Mimosa Life Minster Services N and L Properties Newmac PM Solutions Razzamataz Reais Banauetina Ltd Rotary Club of Braids Royal Bank of Scotland **RSM** Tenon Sainsburvs Superstore Santander Glasgow Corporate and Commercial Bankina Santander Foundation Shimmer & Sparkle Committee SK Boxing Promotions Slaters Mens and Ladies Wear The Cook School Scotland The Corinthian Club The Kitchin Restaurant Ltd

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# **80**%

of parents reports that the groups for 13-17 year olds helped their child improve social and communication skills

**62**%

of young adults

socialise with

peers outwith

the Association

groups through

phone/text/social media

Mr Rvan McHenrv Mrs Anne McKendrick Mr William McLeod Mr Paul McManus Mr Rikki McNeill Mrs Jill McNiven Ms Annette Menzies Mr Josh Millar Ms Marie Muir Ms Shereen Nanjiani Ms Karen Nelson Mrs Kristen Norquoy Ms Lynne Ogg Mr Bobby Paterson Mr John Pirrie Mrs Angela Quinn Mr Adam Reillv Mr Nicholas Reilly Mr & Mrs Stephen & Nicole Reilly Mr Derek Richards Ms Michelle Rodger Ms Catherine Saint Ms Alice Schaupp Ms Margaret Smillie Mr James Smith Mr John Smith Mr Bruce Stevenson Mr & Mrs Richard & April Sykes Mrs Flizabeth Thomson Mr Graham Walker Dr Margo L Whiteford

Mrs Dugelda McCulloch

#### **Honorary Patron**:

Gordon Ramsay OBE

#### **Patrons**:

Duncan Bannatyne OBE

#### Ambassadors:

John Amabile Nicola Cassells Meggan Dawson-Farrell Michelle McManus

#### **President:**

Daniel G Young (deceased 20/10/2013)

#### **Chairperson**:

Margo L Whiteford

#### **Directors**:

Rhoda Abel Jonathan R Best Robert Carachi June F Devlin (resigned 06/02/2014) Samuel P Forrest (resigned 08/02/2014) James W Green William H Humes James Lawson Vivien Morton (resigned 06/02/2014) P Michael Samuel William Scott Deyrick Smith Craig D Stevenson

#### Chief Executive and Secretary:

Andrew H D Wynd MBE

#### Senior Management Team:

Andrew H D Wynd MBE Deborah Roe Julie Snaddon

"The Association is a lifesaver during difficult periods at

#### Auditors:

Sophie Teear

Lorraine Wilson

Hardie Caldwell LLP Statutory Auditors, Glasgow

#### **Bankers**:

The Royal Bank of Scotland plc, Edinburgh

#### Solicitors:

Gillespie MacAndrew WS, Edinburgh

**Investment Advisers & Stockbrokers** Barclays Wealth plc Glasgow

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"The Association services gives me something to look forward to"



#### The Dan Young Building, 6 Craighalbert Way, Cumbernauld, G68 0LS.

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www.ssba.org.uk Web:

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