

Spina Bifida
Hydrocephalus
Scotland



Together
we are
unstoppable



Impact Report 2024

Welcome from the Carr Family



Watch Andrew
riding a bike for
the first time.

When we were first told that our son, Andrew, would be born with spina bifida, we felt completely lost. Our joy was overshadowed by fear.

But a simple, heartfelt message from SBH Scotland reminded us we were still parents-to-be and we could feel joy. From that moment on we were able to navigate those early, frightening days with hope and confidence.

Andrew is now a thriving seven-year-old with an unstoppable spirit and because of an outing, funded by you, he has experienced

something extraordinary this year — he rode an adapted bike for the first time!

We don't know what the future holds, but because of you we know we're never alone, we have the confidence to face whatever comes our way. This report is a celebration of your generosity. Thank you for being there for us.

- The Carr Family



Kirsten & Margaret



Our Young Peoples Transition Project, funded by the National Lottery Community Fund develops skills for 13-25 year olds and makes transition from childhood to adulthood smoother.

Margaret, Kirsten's Mum says, "They've been really good and a support worker, Mel came to transition meetings going from high school to college. She attended with Kirsten because it was a whole new place for her, and she gets quite anxious about these things.

Mel came to all the meetings at the school and met everybody. She also took Kirsten down to the college to meet all the people that would help her. They have always been great."



Watch Kirsten's full story.

2023/2024

Simply Stats



Keeping Connected

Over 5,600 Contacts with families,
a 14% increase on the previous year.



Vital Information

Our health information webpages were
viewed 41,600 times.



Raising Awareness

60% increase in the Opportunities to See (OTS) our media coverage



Staff Wellbeing

We scored an average 9 out of 10 for motivation and a supportive work environment.

Building Community

Over 100 social, support and information groups, outings and workshops took place.





Tyler & Caelsa

For mum Caelsa, your support means she's always had a 'go to' person for any questions about her son.

Tyler can be quite withdrawn and shy so SBH Scotland's North Support Lead, Wendy, offers regular one-to-one home support visits to help with his confidence in interacting with people. With Wendy's support Tyler's confidence continues to grow and can be seen in everything he does.

"The love and support we get from everyone at SBH Scotland is phenomenal. We wouldn't have been able to achieve the things we did if it wasn't for them." - **Caelsa**

"We found out about SBH Scotland when I had Tyler. He was a week old, and he was just being moved up from the neonatal ward to sick kids... Since then SBH Scotland have been a constant support in our lives."

- **Caelsa**



Hear Tyler's full story.



No Family Left Behind



No one should be left alone to cope with the effects of spina bifida and hydrocephalus. With the current economic situation fundraising is becoming harder and costs are rising. **Each year we need to raise a minimum of £1.4 million and we are very grateful to all our supporters, statutory, trust and grant making bodies who continue their vital contributions – THANK YOU.**

Your donations fund dedicated support staff who provide counselling, a finance and benefits support service, health and wellbeing clinics, one-to-one support in homes and hospitals, transition clinics, family groups, outings, workshops and a listening ear when there's nowhere else to turn.

We need you today more than ever. From taking part in a range of exciting adrenaline events to making a single donation; from funding a project or staff member to volunteering – every contribution makes a difference.



Find out how you can ensure every child is born unstoppable.

Call our Fundraising Team on **03455 211 600** or email: **fundraising@sbhscotland.org.uk**

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For more detail on SBH Scotland head on over to our website or any of our social media channels.

We'd love to speak to you in person, contact us directly for more information via:

Fundraising Enquiries:

✉ fundraising@sbhscotland.org.uk

☎ 03455 211 600

Support Enquiries:

✉ support@sbhscotland.org.uk

☎ 03455 211 300

General Enquiries:

✉ mail@sbhscotland.org.uk

☎ 03455 211 811

sbhscotland.org.uk



Watch our services in action on YouTube –
@ScottishSpinaBifida

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