



We believe that having  
Spina Bifida or  
hydrocephalous

Is not  
the end

Just the *beginning.*

# Annual Report

## 2020





# Welcome

Spina Bifida Hydrocephalus Scotland (SBH Scotland) provide a lifetime commitment of specialist support and information to all those affected by these lifelong, complex disabilities including family members, carers and healthcare professionals.

Created in 1965 by parents, for parents and their children, over 50 years later we're now a national charity with individuals remaining at the heart of everything we do.

SBH Scotland's Direct Services Support and Clinical Team work across Scotland to support over 4,000 individuals with a range of services including; a helpline, one-to-one support in homes and schools, combined clinics in hospitals, support groups, financial advice, play sessions, outings and workshops.

All of our services are free to members and with little statutory funding we remain grateful to grant making bodies, individuals and companies whose generosity allows us to give vital support to those who ask for our help.

Please read on to see some of this years highlights.



## The Simple Facts



- ★ Spina Bifida is a fault in the spine in which one or more vertebrae (the bones which form the backbone) fail to form properly, leaving a gap or split. This causes damage to the nervous system, leaving most babies born with some level of paralysis below the level of the fault.
- ★ Hydrocephalus can be an associated condition of spina bifida or it can occur at any stage in life as a sole condition. This complex condition is a build up of fluid which causes an increased pressure on the brain. This can lead to social, emotional, cognitive and behavioural difficulties.
- ★ Spina bifida or hydrocephalus can affect **ANY** pregnancy regardless of the mother's age, ethnicity or social background.
- ★ Spina Bifida Hydrocephalus Scotland is the **only** charity in Scotland with a remit offering dedicated support for these rare disabilities.



"SBH Scotland have helped us as a family for 5 years and I tell everyone about them."





# Chief Executive Report

SBH Scotland continue to develop innovative projects and services for children, young people and families affected by spina bifida or hydrocephalus throughout Scotland.

Our key priorities are the delivery of age appropriate services which encourage independence and self-management. Our focus remains on early intervention, family support and the delivery of a specialist suite of clinical services.

To March 2020, the charity maintained income streams in line with projections, despite the emerging crisis in income generation predicted by the COVID-19 pandemic. Whilst it is reassuring that we were able to achieve our income targets, the future uncertainty will put a significant strain on the organisation and will undoubtedly, at least in the short to medium term, have a negative impact on our capacity to deliver the current range of services and develop as we would have wished.

Throughout the year we delivered a range of quality services and projects to children young people and families

including regular home and hospital visits, development and play sessions, group activities and outings alongside individualised person centred support. All of these activities focused on early intervention as well as providing an immediate response to crisis, whether that being a new Mum at her 20 week scan discovering she is carrying a baby with spina bifida, a young adult needing support to complete a new benefit form or a family eager to meet together as a group, to share activities and enjoy each other's company.

Specific external funding has enabled us to deliver exciting projects and services within specific localities ensuring as far as possible that we are responding to the needs of our children young people and families.

Our investment in Research and Development has enabled us to support



international work through seconding a member of our staff to work with the International Federation for Spina Bifida and Hydrocephalus. Our ongoing commitment to collaborative work has embedded our support for children in the East of Scotland where our Hydrocephalus Screening Pathway is now an integral part of NHS Lothian's pediatric spina bifida clinic. Our own clinical team now offer both face to face and virtual clinics on a range of health issues.

SBH Scotland have developed closer links with Scottish Government who have recently launched the Neurological Care and Support Action Plan. This 5 year plan is crucial to keeping a spotlight on neurological conditions and ensuring that those with neurological conditions or symptoms are adequately supported and resourced.

## Looking to the future

As we conclude this year end, it is clear that we, like all other charities and businesses in Scotland, will have to radically rethink our future service delivery model, as we come to terms with the world wide impact of the most prolific virus affecting our communities for decades.

Whilst we are at the beginning of this long journey it is clear from the early indicators, that activity for all of us will be significantly affected.

Despite significant external challenges however, we remain committed to support all children and families affected by spina bifida and hydrocephalus throughout Scotland. Undoubtedly the means by which we continue support to our families will be very different but there will be no difference in the level of our commitment and our compassion to do all we can to ensure all those affected can be the best they can be.

Andrew H D Wynd MBE MIOD  
Chief Executive

# Chairpersons Report

As we moved with caution into the 2019/20 financial year we couldn't begin to have imagined the new and unprecedented challenges which would face us by the end of March 2020.

But, no strangers to adversity the dedicated SBH Scotland staff team continue to adapt in service delivery, clinical services, technology and fundraising to ensure the members of our organisation remain supported and receive the help they need, under any circumstances.

Grateful thanks go to our faithful team of staff nationwide and our committed board of trustees who steadfastly strive to reach agreed targets to provide an extensive range of support including including health check clinics, financial and benefits support, social groups and helpline..

The charity landscape has never been so competitive and we need your support more than ever so we can remain a lifeline for so many in Scotland. Thank you to the generous individuals and grant making bodies who continue their support and we look forward to introducing our charity to new supporters over the next year.

*Margo L. Whiteford*

Margo L Whiteford CBE

**Chairperson**



## The Great Outdoors

As well as the daily stress and physical toll of a disability on those affected and their family, it can also be a very lonely and isolating experience both emotionally and geographically. One of the great strengths, often spoken about by SBH Scotland members is our ability to bring people together and build networks of support for parents, carers and siblings as well as launching life-long friendships.



**"Just a great big thank you! These weekends are a gift. They have a huge impact and we carry these experiences with us for long after the event. We are energised and full and ready to take on whatever the world throws at us."**

Thanks to the Shared Care Scotland Short Breaks Fund, The Barrack Charitable Trust and the Edward Gostling Foundation, one of this years' great successes was a Family Residential Outdoor Activity Conference at Badaguish Outdoor Centre, near Aviemore. 16 families attended from remote and rural areas of Scotland.

Quizzes, bingo and a Ceilidh provided evening entertainment and gave everyone a chance to relax and get to know one another. During the day the children had SBH Scotland support staff and specialist nurses taking them on a host of accessible activities such as archery, cycling and firebuilding. For many of the children and young people, this is the first time they had experienced taking part in activity



**Short breaks fund**



**The Edward Gostling Foundation**

independently of their parents. Meanwhile parents and carers attended talks specific to their needs and wellbeing; hearing from motivational speakers, specialist health consultants and a talk from a SBH Scotland parent and young adult giving guidance about their journey and transition to adulthood.

Everyone left refreshed and invigorated; valuing the experience greatly for the respite it gave and the inspiration to maintain and develop their new and existing support networks.

SBH Scotland would like to thank all of the volunteers, helpers and contributors who helped to make this special weekend possible.





## On Film - Children in Need

SBH Scotland work as closely with our funders as they require to promote our partnerships. We always enjoy opportunities to showcase the impact of the funding received whether that be PR in press or online or taking part in filming or recordings; sharing our messages and raising awareness of the conditions to new and wider audiences.

Since 2017 Children in Need have been funding part of our work in Aberdeen, Aberdeenshire and the North East which allows us to provide one-to-one sessions and activities for young people aged 10-18. Lucy Turnbull (pictured above), one of the young people we support, was chosen as the focus of a Children in Need appeal film for their special Countryfile edition which aired in October 2019. The film followed Lucy in her daily life as well as SBH Scotland support worker, Sophie Tear, and her friend, Andrew, whom she met through our charity.

The Turnbells were then invited to take part in the Children in Need Countryfile Ramble which took place at Scone Palace and was led by Countryfile presenter, John Craven. A big thank you to Children in Need and to Lucy and her family for being such wonderful ambassadors for SBH Scotland.

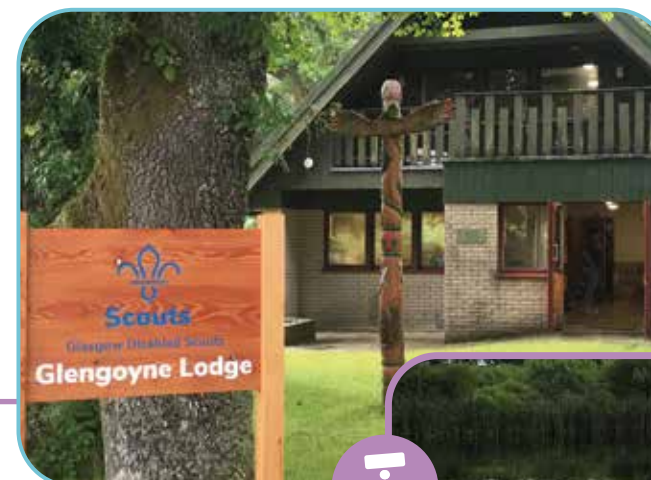
## Adventure at Auchengillan



*Children in Need* also generously fund some activities for our West of Scotland Squad and Superhero Groups.

In August we took a group of young people for a residential overnight outdoor activity weekend at the Auchengillan Scouts Centre. **Empowering those with disabilities to be as independent as possible is one of the main aims of SBH Scotland and this weekend allowed us to further foster independence in the young people.** For some this was the first time they had ever been away from their parents or carers.

A full range of accessible activity was offered during the day which encouraged friend and team building as well as practical outdoor skills. The evening was less rustic with pizzas and a movie in the canteen! When asked how they felt about their weekend away, the young people acknowledged that some things were very new and outside their comfort zones but everyone wanted to go back. "Next year can we come for a week!" exclaimed one of our young people who'd definitely enjoyed his independence.







## In Partnership...

### Folic Acid Consultation with Scottish Government

In August, SBH Scotland held a consultation with Scottish Government looking into the mandatory fortification of flour with folic acid.

SBH Scotland have campaigned for the fortification of flour with folic acid for over 30 years, and we invited members of the public to join us at our headquarters and support centre to discuss the topic.

Folic acid is a B vitamin which is found in its natural form in green leafy vegetables, such as broccoli and spinach. Whilst there is no known cure for spina bifida, research has shown that taking folic acid supplements at least 12 weeks before conception and up to 12 weeks after can support a reduction in the number of pregnancies affected by a Neural Tube Defect (NTD), of which spina bifida is the most common. However, statistics\* show that over 90% of UK women of childbearing age have blood folate levels insufficient to support reductions of NTD's in pregnancy.

SBH Scotland believe that the fortification of flour with folic acid will make a significant difference to the number of pregnancies affected by spina bifida each year.

The Scottish Government approved fortification in 2016 but Food Standards Scotland recommended a UK implementation process to progress the decision.

The UK Government launched a public consultation in 2019 on the matter and responses had to be submitted by 9th September. SBH Scotland sent in an organisational response but the discussions and feedback secured in the consultation helped to inform Scottish Government's response to the public consultation.

\*Public Health England and the Food Standards Agency. National Diet and Nutrition Survey, Results from Years 7 and 8 (combined) of the Rolling Programme (2014/2015 to 2015/2016).



Andy Wynd, Chief Executive of SBH Scotland, said: ***"As a charity, we have long advocated for folic acid fortification in flour and we're encouraged by the initial responses from the public."***

***"There is very clear evidence that folic acid can help to reduce the number of pregnancies affected by the conditions. Flour fortification already exists in over 80 countries around the globe and research shows it can reduce the number of babies born with spina bifida by as much as 70%. In order to make fortification a reality we need the public to take action now."***

SBH Scotland and all other agencies and charities involved in the lobbying of government still await a formal decision which was delayed due to Brexit.

## Spina Bifida

### Study Day



Working with the paediatric neurosurgical team from the Royal Hospital for Children, Glasgow, SBH Scotland were able to offer a bespoke day course for Obstetricians, Midwives and Nurses covering:

Antenatal diagnosis; how the paediatric neurosurgical team counsel parents, post-natal management; what currently happens after the baby is born, Hydrocephalus; where are we now and antenatal surgery; the future after the MOMS trial, what does it mean for patients in Scotland?

The year previous SBH Scotland had worked with Health Improvement Scotland in drafting pregnancy and newborn screening standards. Feedback from member parents suggested there was an obvious gap in information being provided during the fetal anomaly scan at 20 weeks. The opportunity for SBH Scotland and the neurosurgical team to be able to speak directly to those involved in the screening process was invaluable. It was a chance to inform about the correct pathways to specialists for parents on diagnosis and has launched plans for the study day to be delivered to other teams across Scotland.



# Rebecca Cottage gets a makeover

Rebecca Cottage, in Carnoustie, provides any individual or family affected by disability with a place to escape the pressures of everyday life.

Over the last 12 months, more than £35,000 has been invested to refresh the décor, install new windows and revamp the garden area. The interior design has been inspired by the coastal setting, with blue, grey and white furnishings fitted throughout, including a new sofa, flooring, dining table, wardrobes and wall art.

Equipped with a stairlift, an accessible entranceway and mobile hoist, Rebecca Cottage has gradually been adapted over the years, to allow those with varying disabilities to enjoy a break from their daily routine in tranquil surroundings. It is owned by SBH Scotland and for many families a trip to Rebecca Cottage may be the only holiday they have in such accessible accommodation.

Lorraine Wilson, general manager of SBH Scotland, said: "For many families affected by spina bifida or hydrocephalus, trying to move all the equipment that is used on a daily basis to a holiday venue is a cumbersome task.

As our cottage is equipped for wheelchair users, and is fitted with lowered kitchen counters, ceiling tracking hoist, stairlift and an electric profiling bed, it takes the stress out of the holiday, making it a home from home for so many.

"For many years, Rebecca Cottage has been a place where families have come to make memories, and we look forward to welcoming guests, old and new, in the future to enjoy a retreat in the refurbished home."

Several organisations rallied around the charity, contributing towards the upgrades, including Screwfix Foundation, Crerar Hotels Trust, The Edward Gostling Foundation, Next, Carnoustie Golf Links, Scotmid Co-operative, Carnoustie Haven, and Erskine United Free Church of Scotland in Carnoustie.

**For more information please visit:**  
[www.sbhscotland.org.uk/content/help-rebecca-cottage/](http://www.sbhscotland.org.uk/content/help-rebecca-cottage/)



## Cumbernauld teens boost funds through school initiative

A trio of young people from Greenfaulds High School in Cumbernauld raised over £630 for Spina Bifida Hydrocephalus Scotland (SBH Scotland), after taking part in a programme designed to empower young people to make a difference in their communities.

Emma Keenan, Lisa Scott and Shafa Waqas, all aged 13, took part in the Youth and Philanthropy Initiative (YPI), which saw them taking on fundraising efforts to support SBH Scotland.

Shafa, who lives with spina bifida, has a strong connection to the charity and regularly uses our services, attending support groups, workshops and outdoor skills residencies.

The three friends took on several fundraising initiatives, including bracing the elements to complete a sponsored walk, holding a bake sale and having collection boxes at Shafa's dad's shop in Kilsyth, raising over £630 for the charity.

Shafa said: "SBH Scotland means a lot to me. My mum and I have had support since joining the charity and my sister has also enjoyed attending groups with us. They're a great charity and I'm lucky to have them so near."

SBH Scotland are so grateful to all the young people across Scotland who are choosing to support our charity through this exciting initiative and we look forward to working with everyone in 2020 and beyond. Our small fundraising team have plenty of resources which can be shared with individuals and schools to help with any fundraising campaigns.



# Fundraising



At the start of each financial year the SBH Scotland Fundraising Team have a massive challenge – to raise over £1 million in a 12 month period.

This is especially difficult for the team as they maximise a limited marketing budget to raise funds for low incidence conditions.

In 2019/20 the fundraising team consisted of 5 full time fundraisers and a part time administrator. We budget annual unrestricted income based on the performance of previous years and knowledge of our future fundraising pipeline. Income from over 33 income streams is carefully budgeted including trusts and foundations, special appeals, community fundraising, sponsored challenges, corporate partnerships and events. The unrestricted income is complemented by externally funded projects that are restricted to specific outcomes, are time-limited, or are services which usually have to be delivered in a specific geographical area.

We are always grateful to each and every individual, company, trust and grant making body who donates to us and gets involved in the work we do. Every year your support ensures we make a real difference.



We would like to take the opportunity to assure you that we have never practised any of the following types of fundraising:

- ★ We **do not** practise door to door or street fundraising
- ★ We **do not** wealth screen
- ★ We **do not** purchase cold mailing lists to mail or sell data to third parties or other charities
- ★ We **do not** purchase lists of potential donors and cold call at home
- ★ We **do not** carry out excessive email or postal mailing to individuals. Our mailing lists come via events, those who have donated previously to us or other networking contacts. We also have a clear opt out for those that we do contact
- ★ We **do not** call donors at home without prior permission. We only call in relation to a specific fundraising conversation
- ★ We **do not** use any third party fundraising agencies

We make this commitment to you in addition to adhering to the Scottish Fundraising Guarantee. We also follow the Fundraising Regulators UK wide Code of Fundraising Practice and follow their guidelines when applicable in Scotland. Please refer to supporter statement on [www.sbhscotland.org.uk](http://www.sbhscotland.org.uk) for full details of our promise to you.





## Ladies Lunch



## Corporate and Social Events

We have continued to maintain and develop income from our portfolio of corporate and social events including our Ladies Lunch, Golf Day, Burns Supper and Strictly Come Prancing.

Although time consuming to organise, our events are very important to our fundraising strategy. Not only do they generate income, they also provide opportunities to network and encourage further charitable support. An example is Ross & Liddell who, after attending the Question of Burns Supper, approached us and generously donated £15,000 towards our adult support groups.

Our annual Question of Burns Supper, sponsored by Chisholm Hunter, continues to be regarded as one of the largest corporate Burns Suppers in Scotland and in 2021 we will be celebrating its 30th anniversary! Now run solely by the SBH Scotland fundraising

team, we remain in contact with the original volunteer committee, valuing all that they have done to leave our charity with such a prestigious legacy. This event has generated over £1 million since a small group of Burns enthusiasts met to celebrate the Bard back in 1991.



## Challenge Events

We continued to benefit from a focus on challenge events and in 2019/20 saw an influx of individuals excited to help support this income stream.

Our aim in 19/20 was to continue to offer our supporter base exciting new challenges, and our team worked hard to identify unique events that would attract new supporters and raise valuable funds. This led to the launch of an Adrenalin Drop in Aberdeen, the Falkirk Wheel Abseil, and a Loch Leven sponsored walk. We also continued to recruit for externally organised events including Zipslide the Clyde, bungee jumps in Perth, Kiltwalks across Scotland and many running festivals. Social media remains an incredibly cost-effective way of promoting our events.

We are aware, however, that as a rare condition charity, many of the participants sign up for the challenge or the event, rather than a desire to support our charitable aims. Our continued strategy is to build relationships with these new donors and develop an effective "donor journey" ultimately leading to regular giving. Successful outcomes of building relationships have seen us secure Charity of the Year partnerships via challenge/ event participants who have encouraged their colleagues to vote for us during any corporate social responsibility workplace voting. This approach was demonstrated when we were voted Gleaner Oil charity of the year in 2019.







## The Brexit Effect



Like many charities SBH Scotland saw a downturn in self-generated fundraising income in 19/20 mostly as a result of the economic uncertainty caused by Brexit and the increased competition from charities across Scotland.

The charity is currently running at an annual deficit. As part of a 5 year recovery plan the senior management team and the board of directors have been looking at development ideas to generate long term sustainable and reliable income. Concepts included utilising SBH Scotland's HQ/support centre to encourage a social enterprise to generate unrestricted funds. In 2019, Just Enterprise Scotland carried out a feasibility study and funding was secured via the Cranfield Trust, to provide a mentor to the Director of Fundraising to help the social enterprise set up.

## COVID-19



In March 2020, the fundraising team began to witness the impact of Covid-19 as events that had been scheduled in this month were cancelled as we approached Lock down.

Thankfully the impact on the financial year 19/20 was minimal, however we now prepare for an increasingly challenging year to end of 2021 where we anticipate a loss of up to 50% on expected income.



## Restricted Funding

Notable successes this year was securing our first ever funding from Comic Relief who have awarded us £150,000 over the next 5 year to support our early years work for those aged 0-5.

As seen earlier in the report Children in Need have continued their funding and we were also awarded £80,000 continuation funding from the Scottish Governments CYPEIF and £45,000 from section 10 funding. We are very grateful to funders like Scottish Government who have recognised the need for core funding, and are championing the way by awarding core costs for charity overheads. This is especially important for SBH Scotland, who like many charities are experiencing a decline in unrestricted income.





# My Reason to Run

To engage new participants in UK wide running events for SBH Scotland we decided to contact some of our seasoned running supporters. We wanted to know why they were so dedicated to running for us and what they enjoyed so much about the activity so we could promote across our social media channels. We are very grateful to all those who responded and supported our marketing campaign. Here is one of those special stories.

## in his own words... Stephen Reilly

“People run for lots of different reasons so I thought I would share with you my reason to run. I have always enjoyed running from school athletics to pre-season football training, I was the sad one who actual enjoyed the longer training runs. When I started work I would run to and from the office in Glasgow and then after moving to Edinburgh I would run every lunchtime but I had never run much beyond a 10k.” In 2001 my wife Nicole gave birth to a beautiful baby boy, Teddy Nicholas. Teddy was born in Yorkhill Hospital on 6th November with Spina Bifida, we had known for several months and with the support of the staff at Yorkhill and the team at Scottish Spina Bifida Association (now SBH Scotland) we were as prepared as possible. Having run

for many years I decided it would be a good thing to try and get a place in the London Marathon and raise some money for the people who had supported us so well before Teddy was born and during the first few months of his life.

I was very lucky to get a place in the 2002 London Marathon and started to focus on my training plan. Being a first time marathon runner it is fair to say I was somewhat clueless about what I was about to face.

Marathon day came and I finished the course in 3 hours and 8 mins, pretty close to my 3 hour target and it was the thought of seeing my sons at the finish that kept me going in the last 10k when I did hit the wall (pictured above right).



Teddy was my reason to run but tragically he passed away just a few weeks after the race.

Over the years I’ve ran 18 marathons in Teddy’s memory in support of SBH Scotland including seven London and seven Edinburgh. My last (for now) was Edinburgh which was special as Teddy’s mum Nicole and brother Daniel (pictured above) both completed the Half Marathon on the same day and I was lucky enough to time my race to see them running down the final mile together at the finish in Musselburgh as I headed out towards the coast road.

Good luck to anyone training for this year’s events, SBH Scotland is a fantastic charity that does so much good for families dealing with Spina Bifida.”



**SBH Scotland member, Chris Solley (pictured above with his family), was happy to be involved in our running campaign after taking part in several running events for SBH Scotland to date.**

# Here's the facts!



Over **15,000** enquiries from members were handled including issues and information on education, mobility aids and family.

**30,000** individuals users visited **sbhscotland.org.uk** for information



Mental health issues were addressed via a course of **4 x 5 hour 'Stress Less' Workshops** for young people and adults. More are planned for the next 12 months.



Over **140+** Accessible groups, outings and playschemes took place across Scotland. Including trips on canal barges, bushcraft activities, bowling and pantomimes.

Our members can rely on us through every stage in life. As well as all our work with babies and children this year we also gave support to **800+** young people, adults and carers including a transition service for 18-24 year olds, bowling groups and health and wellbeing clinics.



**100%\*** of those with spina bifida and/or hydrocephalus **'agreed'** or **'strongly agreed'** they felt more positive after contacting us with their issue(s).

Due to demand, we **doubled** the number of adult social groups available across the East and West of Scotland, including a new bowling group in Edinburgh.



This year we welcomed **25 new babies** to our charity family.



SBH Scotland staff have provided dedicated support and information at over **30 NHS Clinics** at regional children's hospitals





# Summarised Accounts

|  | Unrestricted Funds<br>£ | Restricted Funds<br>£ | Expendable Endowment Funds<br>£ | Total Funds 2020<br>£ | Total Funds 2019<br>£ |
|--|-------------------------|-----------------------|---------------------------------|-----------------------|-----------------------|
| <b>Income and Endowments From</b>                  |                         |                       |                                 |                       |                       |
| Donations and legacies                             | 280,058                 | 2,000                 | -                               | 282,058               | 366,941               |
| <b>Charitable Activities</b>                       |                         |                       |                                 |                       |                       |
| Supporting those with spina bifida & hydrocephalus | 36,915                  | 363,064               | -                               | 399,979               | 402,001               |
| Other trading activities                           | 414,129                 | -                     | -                               | 414,129               | 501,083               |
| Investment Income                                  | 3,635                   | 4,600                 | -                               | 8,235                 | 8,364                 |
| Other Income                                       | 2,170                   | -                     | -                               | 2,170                 | 785                   |
| <b>Total</b>                                       | <b>736,907</b>          | <b>369,664</b>        | <b>-</b>                        | <b>1,106,571</b>      | <b>1,279,174</b>      |
| <b>Expenditure On</b>                              |                         |                       |                                 |                       |                       |
| Raising funds                                      | 368,086                 | -                     | -                               | 368,086               | 396,387               |
| <b>Charitable Activities</b>                       |                         |                       |                                 |                       |                       |
| Supporting those with spina bifida & hydrocephalus | 463,788                 | 411,138               | 40,298                          | 915,224               | 956,337               |
| <b>Total</b>                                       | <b>831,874</b>          | <b>411,138</b>        | <b>40,298</b>                   | <b>1,283,310</b>      | <b>1,352,724</b>      |
| Net gains/(losses) on investments                  | (12,877)                | (17,315)              | -                               | (30,192)              | 12,306                |
| Net Income/Expenditure                             | (107,844)               | (58,789)              | (40,298)                        | (206,931)             | (61,244)              |
| <b>Transfers between funds</b>                     | <b>(36,331)</b>         | <b>30,704</b>         | <b>5,627</b>                    | <b>-</b>              | <b>-</b>              |
| <b>Other recognised gains/(losses)</b>             |                         |                       |                                 |                       |                       |
| Actuarial gains/losses on defined benefit schemes  | 4,000                   | -                     | -                               | 4,000                 | 96,000                |
| <b>Net movement in funds</b>                       | <b>(140,175)</b>        | <b>(28,085)</b>       | <b>(34,671)</b>                 | <b>(202,931)</b>      | <b>34,756</b>         |
| <b>Reconciliation of Funds</b>                     |                         |                       |                                 |                       |                       |
| <b>Total funds brought forward</b>                 | <b>749,432</b>          | <b>149,662</b>        | <b>744,823</b>                  | <b>1,643,917</b>      | <b>1,609,161</b>      |
| <b>Total funds carried forward</b>                 | <b>609,257</b>          | <b>121,577</b>        | <b>710,152</b>                  | <b>1,440,986</b>      | <b>1,643,917</b>      |

|  | 2020<br>£        | 2019<br>£        |
|--|------------------|------------------|
| <b>Balance Sheet at 31<sup>st</sup> March 2019</b> |                  |                  |
| <b>Fixed Assets</b>                                |                  |                  |
| Tangible assets                                    | 720,963          | 766,444          |
| Investments  | 192,044          | 222,757          |
| <b>Total</b>                                       | <b>913,007</b>   | <b>989,201</b>   |
| <b>Current Assets</b>                              |                  |                  |
| Debtors  | 128,152          | 210,626          |
| Cash at bank                                       | 702,335          | 767,286          |
| <b>Total</b>                                       | <b>830,487</b>   | <b>977,912</b>   |
| <b>Creditors</b>                                   |                  |                  |
| Amounts falling due within one year                | (200,508)        | (204,196)        |
| <b>Net Current Assets</b>                          | <b>629,979</b>   | <b>773,716</b>   |
| <b>Total Assets Less Current Liabilities</b>       | <b>1,542,986</b> | <b>1,762,917</b> |
| <b>Pension Liability</b>                           | <b>(102,000)</b> | <b>(119,000)</b> |
| <b>Net Assets</b>                                  | <b>1,440,986</b> | <b>1,643,917</b> |
| <b>Funds</b>                                       |                  |                  |
| Unrestricted funds                                 | 609,257          | 749,432          |
| Restricted funds                                   | 121,577          | 149,662          |
| Expendable Endowment funds                         | 710,152          | 744,823          |
| <b>Total funds</b>                                 | <b>1,440,986</b> | <b>1,643,917</b> |

## Statement by the Trustees

These summarised financial statements are a summary of information extracted from the full annual statutory financial statements for the financial year ended 31 March 2020 which were approved by the Trustees on 18 August 2020 and have been audited by Hardie Caldwell LLP, who gave an unqualified audit report on 18 August 2020.

The auditors have confirmed to the Trustees that these summarised financial statements are consistent with the full annual statutory financial statements for the year ended 31 March 2020.

These summarised financial statements may not contain sufficient information to gain a complete understanding of the financial affairs of the charity. The full annual statutory financial statements which include the Report of the Trustees and the Auditors' report on those financial statements may be obtained from The Dan Young Building, 6 Craighalbert Way, Cumbernauld G68 0LS.

# Thanks

We are sincerely grateful for the generous support of individuals, trusts, grant making bodies, companies and legacies which ensure that Spina Bifida Hydrocephalus Scotland are available to provide dedicated support to all those in Scotland who ask for our help. We would like to thank everyone who donated in the 2019/20 financial year. Due to the number we are unable to list each and every one of you but rest assured we remain ever thankful.

|                            |                     |                     |                         |                   |
|----------------------------|---------------------|---------------------|-------------------------|-------------------|
| <b>Trusts &amp; Grants</b> | Foundation          | Charitable Trust    | Gostling                | Acushnet Europe   |
| Aberbrothock Skea          | IBB Trust           | Penpont Trust       | Foundation              | Ltd               |
| Charitable Trust           | International       | PF Charitable trust | The Nancie              | Amore             |
| Alexander Moncur           | Federation of       | Reo Stakis          | Massey Charitable       | Appellation Wines |
| Trust                      | Spina Bifida and    | Charitable          | Trust                   | Architectural     |
| Ann Jane Green             | Hydrocephalus       | Foundation          | The National            | Doors & Windows   |
| Trust                      | Isabel Harvey       | Ross & Liddell      | Lottery                 | Limited           |
| Bank of Scotland           | Charitable Trust    | Santander           | Community Fund          | Arnold Clark      |
| Foundation                 | James McNab         | Foundation          | The Ponton House        | Automobiles Ltd   |
| BBC Children in            | Trust               | ScottishPower       | Trust                   | Ascent Aviation   |
| Need                       | James Tudor         | Foundation          | The Robertson           | Asda Clydebank    |
| Big Impact                 | Foundation          | Shared Care         | Trust                   | Aspin Estates Ltd |
| Bruce Wake                 | James Weir          | Scotland - Better   | The RS MacDonald        | Auchentoshan      |
| Charitable Trust           | Foundation          | Breaks              | Charitable Trust        | AxSys Technology  |
| Cameron                    | James Wood          | ShareGift           | The Russell Trust       | Ltd               |
| Whiteford                  | Bequest Fund        | Sir Jules Thorn     | The Volvox Trust        | Barclays Wealth   |
| Charitable Trust           | Jennie S Gordon     | Charitable Trust    | Thistledown Trust       | Battlefield Rest  |
| CNOOC                      | Memorial            | Spifox              | Willam S Philips        | Beautique         |
| Comic Relief               | Foundation          | Stafford Trust      | Fund                    | Bellway Homes     |
| Co-op Community            | John K Young        | Suburban Taverns    | William Grant &         | Limited           |
| Fund                       | Endowment Fund      | Charitable Trust    | Sons                    | Ben Nevis Service |
| Cranfield Trust            | JTH Charitable      | Sylvia Aitken Trust | Zurich Community        | Station           |
| Cruden                     | trust               | Talteg Ltd          | Trust                   | Benromach         |
| Foundation                 | Leach Family        | Tay Charitable      |                         | Distillery        |
| DWT Cargill Fund           | Charitable Trust    | Trust               | <b>Legacies</b>         | Best Western      |
| Edinburgh                  | Leith Benevolent    | Templeton           | Mr Alexander            | Kings Manor Hotel |
| Children’s Holiday         | Association         | Goodwill Trust      | Angus Fraser            | BIQ Cumbernauld   |
| Fund                       | Leng Charitable     | The Adamson         | Mr Thomas               | Blair Drummond    |
| Francis A Connolly         | Trust               | Trust               | Sinclair Morris         | Safarai Park      |
| Trust                      | Leo’s Box           | The Alliance        |                         | Bridge Inn        |
| Gertrude Muriel            | Lothian Buses       | The Appletree       | <b>Grants and Local</b> | Cafe Renard       |
| Pattullo Trust             | Miss A M Pilkington | Trust               | <b>Authority Income</b> | Cairn O’Mohr      |
| Global Make Some           | Charitable Trust    | The Barcapel        | Scottish                | Cala Homes        |
| Noise                      | Miss E C Hendry’s   | Foundation          | Government              | (West) Ltd        |
| Harold Merton              | Charitable Trust    | The Burdett Trust   | North Lanarkshire       | Capita            |
| Adams Trust                | Netherton Trust     | for Nursing         | Council                 | Capri             |
| Hospital Saturday          | Noble Resolve       | The Corra           |                         | Chapelhall Post   |
| Fund                       | Gospel and          | Foundation          | <b>Corporate</b>        | Office            |
| Hugh and Mary              | Temperance          | The Dullatur        | <b>Support</b>          | Charles Bullen    |
| Miller Bequest             | Mission Auxiliary   | Foundation          | A Wee Taste of          | Stomacare         |
| Hugh Fraser                | Northwood           | The Edward          | Edinburgh               | Limited           |
|                            |                     |                     | Abercromby Arms         |                   |
|                            |                     |                     | Hotel                   |                   |

|                    |                    |                    |                     |                     |
|--------------------|--------------------|--------------------|---------------------|---------------------|
| Chisholm Hunter    | Facebook           | LAR News           | Relax for the Body  | Group Ltd           |
| Claire Frances     | FatBuzz            | Liggy’s Cakes      | and Soul            | The Empire Bar      |
| Hairdressing       | Fergusons Hair     | Lindores Abbey     | Restaurant Bar and  | The Fundraising     |
| Clancy Consulting  | Academy            | Distillery         | Grill               | Company             |
| Clarke Boyle & Co  | Fernbank Guest     | Lomond Books       | Rettie & Co         | The Haven           |
| Solicitors         | House              | L’Oréal UK and     | Riverpark           | The Lounge          |
| Cole AD            | Fife Fabrications  | Ireland            | Investment          | The National Piping |
| Cooper Cromar      | Ltd                | Love Golf Clothes  | & Financial         | Centre - The Pipers |
| Co-Operative       | Findlays           | Mackie’s of        | Consultants Ltd     | Tryst Restaurant    |
| Group Limited      | Fore Play Crazy    | Scotland           | Ross & Liddell Ltd  | The Old Inn         |
| Co-operative Store | Golf               | Mackies Pharmacy   | Roxys Bar           | The Red Deer        |
| CPS                | Geraldo’s          | Make Believe       | Royal Bank of       | The Restaurant Bar  |
| Crown Hotel        | Glasgow Music City | Events             | Scotland            | and Grill Glasgow   |
| Crowne Plaza-      | Tours              | Marini’s           | Scottish Aromatics  | The Royal Yacht     |
| Holiday Express    | Glasgow Private    | Massage Works      | Scullion Law        | Britannia           |
| Crystal Chinese    | Tours              | Masson Glennie     | Segton Bar          | The Square Bar      |
| Takeaway           | Gleaner Oils       | MCG Joinery &      | Sennit              | and Restaurant      |
| Cummins UK         | Glenmuir Limited   | Building Ltd       | Construction Ltd    | The Stand Comedy    |
| Curtis Moore Ltd   | Global Charities   | McVities           | Sew Good            | Club - Glasgow      |
| D Millen Butchers  | T/A Make Some      | Mel’s Food & Wine  | Silent Adventures   | The Swan Inn        |
| Dean’s of Huntly   | Noise              | Miller Samuel LLP  | Slaters             | The Tappit Hen      |
| Ltd                | Global Media       | Mint Detailing     | Social and Cocktail | The Town House      |
| Dechmont Post      | Grants Bros (Meat  | Morrison’s         | Events Ltd          | Thermal             |
| Office             | Canners) Ltd       | Murraygolf         | Spar                | Economics Ltd       |
| Delta Force (World | Harviestoun        | Murrays Cafe Deli  | St Kilda Store      | Thomas Tunnock      |
| Class Paintball    | Brewery            | Nardini’s          | St Vincent’s        | Ltd                 |
| Entertainment)     | Henderson Wines    | Next Plc           | Healthcare and      | Torbrex Inn         |
| Designer Contracts | Hilton by          | NorDan UK Ltd      | Public Sector       | Turning Heads       |
| Ltd                | Doubletree Central | Northwood          | Consulting          | Tweezerman          |
| Deux Hair &        | Hook Fish & Chips  | Edinburgh          | Standard Life       | VSN Sport           |
| Beauty             | Iberica Glasgow    | Not Posh Boutique  | Investments         | Waitrose -          |
| Di Maggio’s        | Inver House        | Only Foods &       | Limited             | Glasgow Byres       |
| Diana’s City       | Distillers Ltd     | Sauces             | Stirling Gin        | Road                |
| Sandwich           | James Chapman      | Opal Mist          | Synergie Environ    | Wee Box             |
| Dougall Baillie    | (Butchers) Ltd     | Orbis Protect      | Tennent             | West Brewery        |
| Associates         | James Chapman      | Orkney Antiques    | Caledonian          | Westcoast           |
| Dow Group Ltd      | Butcher            | Peppermint         | Breweries UK Ltd    | Fisheries Prestwick |
| Dream Doors        | John Hendry        | Lounge             | Terri Campbell      | William Aitchison   |
| Drillmar Resources | Photography        | Peter Vardy        | Jewellery           | Opticians           |
| EasyFundraising    | Johnson Controls   | Vauxhall Edinburgh | Tesco Extra         | William Hill        |
| Ltd                | Johnson Poole and  | Phase Eight        | The Arran Brewery   | William Hill        |
| Edmundson          | Bloomer            | Pines Chip Shop    | Co Ltd              | (Aberdeen Area)     |
| Electrical Ltd     | Jumbo Cards and    | PM Solutions       | The Big Partnership | Willowbank Hotel    |
| Elite Contract     | Gifts              | PMP Glasgow        | The Birds and the   | WM Stephens         |
| Furniture          | Kelburn Brewing    | (Project           | Bees                | Bakers Ltd          |
| Endura Ltd         | Co.                | Management         | The Borders         | Workflo Solutions   |
| Engie Regeneration | Kelvin Capital Ltd | & Building         | Distillery          | Xpress Photo        |
| Limited            | Kingfisher Systems | Consultancy Ltd)   | The Canal Inn       |                     |
| Ernst and Young    | (Scotland) Ltd     | Pretty Links       | The Catch at Fins   |                     |
| Foundation         | Knock Castle Hotel | Railway Inn        | Restaurant          |                     |
| Escape Glasgow     | & Spa              | Redpath            | The Crafty Fox      |                     |
| Excellimore Ltd    | KPMG               | Construction Ltd   | The Edrington       |                     |



**Registered Company number**

SC213050 (Scotland)

**Registered Charity number**

SC013328

**Registered office**

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**Honorary Patron**

Gordon Ramsay OBE

**Patron**

Duncan Bannatyne OBE

**Ambassadors**

John Amabile  
Nicola Cassells  
Meggan Dawson-Farrell

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Dr Rhoda A Abel  
Jonathan R Best  
Harold G Brown  
Prof Robert Carachi MBE  
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Kirstie Dawson  
Fraser D Falconer  
Scott Howie  
P Michael Samuel  
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Deyrick Smith  
Brenda C Wilson

Spina Bifida  
Hydrocephalus  
Scotland

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Spina Bifida Hydrocephalus Scotland is a trading name of the Scottish Spina Bifida Association.  
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Andrew H D Wynd MBE MloD

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Sophie Teear  
Lorraine Wilson

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Statutory Auditors  
Chartered Accountants  
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Glasgow, G4 0JY

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G2 5EZ



**“An amazing weekend meeting new friends and sharing experiences, we are so grateful for everything that you do for us SBH Scotland and all the fantastic helpers. Thank you ♥♥”**

**Having a baby**  
with spina bifida or hydrocephalus  
is not the end.

Just the  
beginning.

**SBH Scotland.**  
There for the journey.

**Help**  
us make a  
difference.



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