

Sessional Support Worker (North)

Direct Services at SBH Scotland have the key aims of:

1. Increasing awareness and understanding of spina bifida and hydrocephalus across Scotland so that those affected are empowered and supported appropriately to achieve their potential
2. Offering support to families and adults affected by spina bifida and hydrocephalus so that they are empowered to reach their potential

Direct Services use a person-centred approach to tailor information and support appropriately according to individual need. SBH Scotland works in partnership with other agencies to provide information and support throughout the lifespan.

The Sessional Support Worker Role:

Providing tailored wellbeing support to children/young people and adults and their families/carers affected by Spina Bifida and/or Hydrocephalus. The support will be in a variety of settings and include 1:1 work, group work, or helping at events in the wider community to support inclusion and wellbeing.

There will be a requirement to work out with normal office hours depending on the activity and families' needs, and some homebased work will also be required for admin and calls. Hours will vary each month.

Main Duties & Responsibilities:

- To deliver direct support to children/young people and adults and their families/carers who are affected by Spina Bifida and/or Hydrocephalus as agreed with the Family Support Manager
- To encourage engagement and build positive relationships with children/young people and adults and their families
- To assist the Family Support Team in the monitoring and evaluation of support provided.
- To work alongside the North team to facilitate groups, outings and other events to benefit families' health and wellbeing
- To work alongside families with an agreed support plan to best meet their individual needs and enable them to flourish
- Report relevant concerns, needs or issues affecting individuals and/or their families to Family Support Manager
- Provide information and support for families to enable them to access local support services and community and leisure facilities and/or referring them to appropriate services to meet identified needs

- Maintain accurate records to ensure efficient documentation and provide data (qualitative and quantitative) to be used for monitoring progress, identifying needs and influencing future planning of services offered to service users
- To maintain confidentiality with regard to sensitive personal information relating to individual users of the service
- Develop and maintain links with relevant statutory agencies, voluntary sector organisations and key health contacts in order to raise awareness of the lived experience with Spina Bifida and Hydrocephalus
- To attend training as required and as identified through regular supervision and appraisal
- To liaise regularly with the Family Support Manager, and to attend and participate in staff team meetings
- All employees are expected to abide by Spina Bifida Hydrocephalus Scotland's policies and procedures
- Undertake other duties that may reasonably be requested by line manager

Accountable to: **Family Support Manager (Learning & Growth)**

Hours: **Zero hours contract paid at £10.72 per hour (under review)** In addition, travel costs will be reimbursed. Flexible working hours are available dependent on service's need
Travel Expenses Paid @ 45p per mile
 Hours will vary depending on activities, individual work, training and meetings.
 Note: Work may be outwith normal office hours, including evening and weekends therefore flexibility is a necessity.

Person Specification – Sessional Support Worker

	Essential	Desirable
Qualifications/ Education	<ul style="list-style-type: none"> ➤ Higher Level Education 	<ul style="list-style-type: none"> ➤ Educated to SVQ level 3 minimum ➤ Health/Social care/Wellbeing qualification
Knowledge	<ul style="list-style-type: none"> ➤ Of the impact of long-term conditions and disabilities ➤ Of Health and Wellbeing frameworks within Scotland ➤ Understanding of neurodiversity 	<ul style="list-style-type: none"> ➤ Of the work of the voluntary sector ➤ Of the work of Health & Social services in relation to children, young people and adults with disabilities and their carers ➤ Current legislation relating to health and social care in the community
Experience	<p>Direct experience of;</p> <ul style="list-style-type: none"> ➤ Working on own initiative ➤ Working with Vulnerable Children/Young People or Adults and their Families/Carers ➤ Support Work 	<ul style="list-style-type: none"> ➤ Multi-disciplinary working ➤ Working with or within the voluntary sector, social work, education, youth work, or Health and Social Care services or community provision ➤ Working with families with children and young people with disabilities ➤ Working with Adults and Carers with disabilities
Abilities and skills	<ul style="list-style-type: none"> ➤ Excellent interpersonal skills and ability to engage well with a diverse range of people ➤ Good communication skills ➤ Ability to plan and organise own work ➤ Ability to work as part of a team and on your own ➤ Ability to communicate well with other agencies ➤ Ability to maintain confidentiality 	<ul style="list-style-type: none"> ➤ Ability to respond positively to new situations ➤ Good planning and time management skills
Personal Qualities	<ul style="list-style-type: none"> ➤ Warm and approachable ➤ Confident ➤ Flexible ➤ Enthusiastic ➤ Positive attitude ➤ Empathic 	<ul style="list-style-type: none"> ➤ Creative ➤ Good sense of humour

	➤ Self aware	
Circumstances	<ul style="list-style-type: none"> ➤ Able to work outside normal working hours, including weekends ➤ Access to own car and current driving licence 	➤ Hold a current clean driving licence