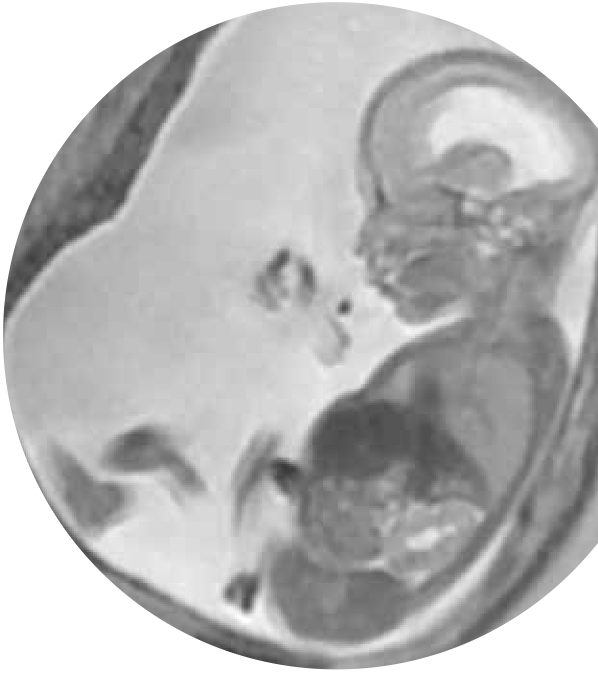
A Mother’s Story

Spina Bifida
Hydrocephalus
Scotland

What The Doctors Said...

- They said they saw the "lemon sign".
- They said she had brain abnormalities.
- They said there was fluid on the brain.
- They said she had a neural tube defect.
- They said she would need many, many surgeries.
- They said she might struggle with mental development.
- They said she would not walk.



But they forgot a few things.

She would be a fighter

With advice and support from a specialist family worker, parents and carers receive intensive emotional support and have someone to guide them through the first few months after the devastating news of a spina bifida/hydrocephalus diagnosis.

She would be beautiful

Specialist family workers continue to provide intensive support during the crucial postnatal stage and onwards helping new parents cope with the additional daily challenges and medical complications arising from having a baby with spina bifida/hydrocephalus.

She would be determined

Early years specialists help to provide personalised plans for education, training & support whilst safe play and learning opportunities are provided for children 0-8 years old.

Her smile would make everything ok

SBH Scotland provide personalised support and introduce new families to other parents who have been in the same situation to help build up a real, permanent, network of support. We are a shoulder to cry on and offer a lifetime commitment of specialist support to all those affected through home and hospital visits, youth clubs, health checks, one to one key workers, peer group support, and respite.

Every call to our helpline is **unique.**

She would be full of Life

Early teenage years bring new challenges. SBH Scotland is still there for parents and young people during these years and provide support and advice on preparing for independent living, transition support during the move from paediatric to adult health services and socialising opportunities at youth groups.

She would be full of Love

Family and peer support groups help to give people confidence. They offer the opportunity to socialise, combating isolation and depression through regular meetings and fun activities that help the entire family leave the house and engage with others.

She would be Smart

As children grow and develop SBH Scotland continues to provide personalised support, from wheelchair training to educational support for transitions into primary and secondary school.

Nothing would Stop her

With support, adults can overcome the difficulties and challenges that they may face. SBH Scotland continues its personalised tailored care, advice and support for the individual affected and their family. Support includes planning for the future, emotional development, the realities of independent living and dealing with issues such as moving into higher education and support with continence and medical self-management.

She would be Perfect!

Our services reflect the unique needs of the individual.

A life-long commitment of personalised support, reassurance, advocacy & information.

Because of you!

With special thanks to the Currie Family
for their support with this publication.

Spina Bifida
Hydrocephalus
Scotland

Having a baby
with spina bifida or hydrocephalus
is not the end.

Just the
beginning.

SBH Scotland.
There for the journey.

Help
us make a
difference.

Spina Bifida
Hydrocephalus Scotland
The Dan Young Building,
6 Craighalbert Way,
Dullatur, Glasgow,
G68 0LS

Tel: 03455 211 600
Email: fundraising@sbhscotland.org.uk
Web: sbhscotland.org.uk

Find us on:

Spina Bifida Hydrocephalus Scotland is a trading name of the Scottish Spina Bifida Association. Registered Scottish Charity No. SC013328. Registered Office: The Dan Young Building, 6 Craighalbert Way, Dullatur, Glasgow, G68 0LS. A company limited by guarantee. Registered in Scotland Number 213050.