

Name and Address Details

Title: _____ Name: _____

Address: _____

Postcode: _____

Regular Gift Details

Instruction to your Bank or Building Society to pay by Direct Debit.



Originator's Identification Number

6 7 0 7 6 3

Name and full Postal Address of your Bank or Building Society.

To: The Manager
 Bank/Building Society
 Address:
 Postcode:

Name(s) of account holder(s):

Branch Sort Code

Bank/Building Society Account Number

Reference
 S B H S

Instruction to your Bank or Building Society
 Please pay Spina Bifida Hydrocephalus Scotland Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Spina Bifida Hydrocephalus Scotland and, if so, details will be passed electronically to my bank/building society.

Signature(s):
 Date: / /

Banks and Building Societies may not accept Direct Debit Instructions for some types of account. To view the full Direct Debit Guarantee please visit www.sbhscotland.org.uk

Single Gift Details

I would like to make a special gift of the amount stated overleaf by (Please tick):

Cheque, postal order or CAF charity voucher made payable to the Spina Bifida Hydrocephalus Scotland OR

Credit Card/Debit Card. Please debit my (circle one).
 Mastercard / Visa / CAF / Maestro Card number:

Issue Number (Maestro only)

Security Code (last 3 digits on signature strip)

Start Date: ____ / ____ Expiry Date: ____ / ____

Signature: _____

Date: ____ / ____ / ____

Please tick Gift Aid (if applicable) overleaf and return this form to: **Freepost Plus RRAE-SCGY-CSJA, Spina Bifida Hydrocephalus Scotland, 6 Craighalbert Way, Dullatur, GLASGOW, G68 0LS.**

Spina Bifida Hydrocephalus Scotland
 The Dan Young Building, 6 Craighalbert Way, Dullatur, Glasgow G68 0LS

Tel: 03455 211 600
Email: fundraising@sbhscotland.org.uk
Web: sbhscotland.org.uk



Spina Bifida Hydrocephalus Scotland is a trading name of the Scottish Spina Bifida Association. Registered Scottish Charity No. SC013328



He's incredible
 An absolute inspiration

Harry - A Parents Story

“We went for a routine scan at 28 weeks which threw the bombshell that Harry had spina bifida

At that point I wasn't really sure what it meant. All I was told to expect was that my baby probably wouldn't move his legs much. It was at this point that I simply wanted to support a charity associated with spina bifida. Through this involvement I soon met Anne, their family support worker, who brought me a file filled with information on the conditions and from there we received support ever since.

11 weeks later, Harry was born and he looked a fighter. He had big blue eyes, a mop of black hair and was screaming the place down – I thought “well, you're going to fight” and that's exactly what he did, Harry was born with spina bifida and hydrocephalus and over the years he's had a lot of problems. Now 13, Harry's had more operations than we can count.

We never expected he would need a feeding tube for 18 months, a tracheostomy for 22 months or a colostomy. He should also be registered blind but has baffled doctors by being able to see – however, that's not for us to question – that's just Harry.

He's incredible and an absolute inspiration to everyone who comes in contact with him. If SBH Scotland wasn't there I don't know what we would do. It has helped in so many ways and they've been there for absolutely anything we have needed. From personal support, help with benefit forms and family groups through to the befriending project and youth group which Harry is now a member of. Basically, if SBH Scotland weren't there, what was already a difficult time, would have been much harder.”

The Gordon Ramsay Appeal

Help us with a regular donation

Spina Bifida Hydrocephalus Scotland



A lifetime commitment of support
 all because of you.



Spina Bifida & Hydrocephalus

Spina bifida is a fault in the spine which develops in early pregnancy. Most of those born with the disability will be paralysed from the waist down, be affected by bowel and bladder complications and will be lifelong wheelchair users.

In addition, hydrocephalus can be present as an associated condition of spina bifida or it can occur at any stage in life as a sole condition. This complex condition is a build-up of fluid which causes an increased pressure on the brain. This can lead to social, emotional, cognitive and behavioural difficulties. There is no known cure for the conditions, nobody knows why they happen and they can affect any pregnancy regardless of the mother's age, ethnicity or social background.

Spina Bifida Hydrocephalus Scotland (SBH Scotland) is the only specialist charity in Scotland to provide a lifetime commitment

of dedicated support services, training and projects for everyone affected by the conditions. SBH Scotland will provide help to families whenever they need it. From finding out that your pregnancy has been affected by spina bifida and/or hydrocephalus at the 20 week scan, to 3 months intensive support when your baby is born. From being at your side during your child's first operations, to every stage in your child's transition into adulthood. Through everything, SBH Scotland are there to provide the reassurance, advocacy, information and support at a time when individuals and families need it most.

What's your favourite 'F' Word? Gordon's is Fundraising!

You might wonder why this particular charity is so close to my heart. Well it has a lot to do with the many inspirational people I have met during the course of my involvement with the charity and hearing how they have been supported.

This charity is a lifeline to over 3,500 people affected by spina bifida and/or hydrocephalus and it costs £1 million every year to run. With less than 1% in statutory funding we rely entirely on fundraising events, donations and the goodwill of volunteers, so, as Honorary Patron of SBH Scotland I am proud to front 'The Gordon Ramsay Appeal' where my favourite 'F' word is definitely Fundraising!

How can you support the Appeal?

By giving a little you can help us to give a lot – from volunteering to making a regular monthly gift, we have something which will appeal to everyone.

Volunteering

Volunteers are a lifeline to SBH Scotland, allowing us to run events and activities. If you have any spare time from 1 hour a month to a day a week please get in touch – we need you!

Sponsored Activities

Undertaking a 5K to climbing Kilimanjaro. If you're setting yourself a new challenge, why not consider getting people to sponsor you? You'll be amazed what you can achieve and anything raised from as little as £1 can make a huge difference.

Organise your own event

Every year individuals organise special events including parcel parties, coffee mornings and race nights in aid of SBH Scotland. If you're thinking of running your own event or would like advice, give our Events Fundraisers a call and they can send a full information pack out to you.

Contact the Fundraising Team by calling 03455 211 600 or emailing fundraising@sbhscotland.org.uk visit sbhscotland.org.uk/gordon

Make a Regular Donation or a Single Gift

Regular Donations

By making a small commitment of a monthly gift we are able to plan ahead and develop our services across Scotland, confident in the knowledge that we have a regular source of income.

I agree to make a donation every month starting on: ____ / ____ / ____
(please tick appropriate box below and fill in Direct Debit Form overleaf)

- £2 per month could sponsor a child to attend one of our Wheelchair Skills Courses, giving them the vital skills needed in day to day life at school, home and at play while building their confidence
- £5 per month could help individuals and families make a critical call to our Helpline and receive the intensive support they need
- £10 per month could help to sponsor an individual with spina bifida or hydrocephalus to enjoy a week long break in our fully adapted, wheelchair accessible cottage in Carnoustie
- £30 per month could help to sponsor 1 young adult with their annual Health Check Clinics. The clinics assess and review the service users' physical and emotional wellbeing as well as providing proactive advice on management of the condition and daily lifestyle
- £ ____ I would like to donate the amount stated every month to support your work.

Single Gifts

I would prefer to give a single gift (please tick appropriate box below and fill in details overleaf)

- £25 could provide information packs and support for a new family
- £100 could help run a continence clinic for service users. The clinics teach parents and individuals how to manage the complex, lifelong, bowel and bladder issues associated with spina bifida
- £500 could help towards the cost of a SBH Scotland Nurse or Support Worker providing intensive support to a family during the first 3 critical months in the life of a baby with spina bifida and/or hydrocephalus
- £ ____ I would like to donate the amount stated to support your work.

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If you pay tax you can increase the value of your donation, at no extra cost to yourself, by ticking the gift aid box and signing.

Please treat as Gift Aid donations all qualifying gifts of money made to SBH Scotland today, in the past 4 years and in the future.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I give on or after 6 April 2008. Please notify the SBH Scotland if you want to: Cancel this declaration, change your contact details or no longer pay sufficient tax on your income and/or capital gains.

Signed: _____ Date: ____ / ____ / ____