

Spina Bifida
Hydrocephalus
Scotland



MY RIGHTS:

Practical training for young people with disabilities in human rights advocacy

12th – 15th October 2017

Premier Inn Edinburgh Park (The Gyle) Hotel

Applications Welcome!

The International Federation for Spina Bifida and Hydrocephalus are working with Spina Bifida Hydrocephalus Scotland (SBH Scotland) to offer a FREE 3 day workshop to 10 people interested in the rights of those with disabilities.

If you a young person, aged 18-35, living with spina bifida and/or hydrocephalus and would like to learn more about your rights and how to advocate for them then we'd like you to apply.

As we only have 10 spaces available we ask everyone to apply by Monday 18th September and the successful candidates will be chosen at random.

What is involved in the training?

This 3-day intensive training session will be held on 13-15 October 2017 in Edinburgh. Arrival for the course is the evening of the 12th of October and the training will commence on the 13th of October.

The aim is to help you under the human rights of persons with disabilities and learn practical skills that will allow you to use the Convention within your community. These human rights are protected under the United Nations (UN) Convention on the Rights of Persons with Disabilities (*the Convention*).

We want to empower young disabled people to have their voice heard.

During the training you will be able to develop practical tools, enabling you to support a local cause you feel passionate about. You can see an example of such a tool developed at another training in Ireland, here:

https://www.youtube.com/watch?v=U_YzNQs6xlc.

What is the United Nations Convention on the Rights of People with Disabilities?

The United Nations Convention on the Rights of People with Disabilities (UN CRPD) is an international agreement about protecting and promoting the human rights of disabled people throughout the world. It was adopted by the UN in 2006. The United Kingdom authorised the Convention in 2009, and is now obliged to make practical changes to adhere to its standards.

The UN CRPD describes what the government does to make sure disabled people enjoy their human rights.

The government are required to listen to and involve persons with disabilities in all their actions when dealing with everything from inclusive education, decent standards of living and accessible environment and information to name a few.

Why should you attend?

The aim of the training is to give young adults with SB/H from Scotland the skills, knowledge and tools that will allow them to support disability rights at both a community and national level.

Objectives

- To explore rules and rights under the UN Convention and learn how to use the Convention within Scotland
- To explain the basics of supporting disability and identify the most important objectives for the young people at a community level
- To develop materials that can be used within the community to promote human rights of young people with disabilities.

Who can take part?

Members of SBH Scotland aged between 18-35 who:

- Want to be more active in their local region and need skills to support them
- Are committed to organising an activity on human rights of persons with disabilities for other young people in their community
- Are prepared to get fully involved in the course
- Are able to attend the full duration of the training course
- Come from different regions of Scotland

About the Training

Duration: 3 full working days.

Date: 12th – 15th October 2017

Start Time: Evening of 12 October

End Time: Evening of 15 October

Please Note: You must arrive at the venue on the evening of the 12th of October and the training course will commence on the 13th of October.

Location: Premier Inn Edinburgh Park (The Gyle) Hotel

Other details

The UN CRPD training is free of charge. Your accommodation (three nights in a single room) and meals during the training will be paid for. Participants will also be reimbursed for return travel to the training venue within Scotland. If chosen for the training we can discuss how travel is to be paid and reimbursed.

Requests for accompanying personal assistant will be dealt with on an individual basis.

MY RIGHTS Training **13-15 October 2017** Preliminary Programme

Time	1st day – 13/10	2nd day – 14/10	3rd day – 15/10
	Knowledge	Knowledge + Skills	Skills + Follow-up
9.30-11.00	Opening Getting to know each other Needs & Expectations What is a Disability? <ul style="list-style-type: none"> Models of disability Rights-based approach to disability 	UN CRPD in Scotland <ul style="list-style-type: none"> Using the UN CRPD in Scotland National anti-discrimination instruments Examples of good practices Work in groups 	Group work: developing advocacy tools
11.00-11.30	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break
11.30-13.00	Intro to the UN CRPD UN CRPD Quiz	HOW TO... advocacy <ul style="list-style-type: none"> Simulation exercise Sample advocacy tools 	Group work (cont)
13.00-14.30	Lunch	Lunch	Lunch
14.30 – 16.00	<ul style="list-style-type: none"> UN CRPD: going deeper 	HOW TO... advocacy planning cycle	Group work (cont)
16.00-16.15	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break
16.15 – 18.00	Disability & Discrimination <ul style="list-style-type: none"> Simulation activity and discussion Forms of discrimination UN CRPD as tool to counter discrimination 	What advocacy tools do we need? (final agreement, breaking into groups and getting down to work)	<ul style="list-style-type: none"> Presentation of advocacy tools Evaluation of the course and closing
19.00	Free time	Group dinner	Departures

MY RIGHTS training, 12-15 October 2017, Edinburgh

APPLICATION FORM

If you need any help or have any questions about completing this form
please contact Lindsay.CM@sbhscotland.org.uk

Please note – If you are successful in getting a place on the training course, you
will be contacted directly.

About You

Full name: _____

Age: _____

Tel.: _____ Mob: _____

Email: _____

Emergency contact details

Full Name: _____

Relationship to You: _____

Tel.: _____ Mob: _____

Tell us about your involvement with SBH Scotland

UN Convention on the Rights of Persons With Disabilities

Have you ever heard of the UN Convention on the Rights of Persons with Disabilities?

Yes:

No:

If yes, why is it important to you personally?

What specific issue(s) would you like to address? For example, inaccessible transport or facilities, prejudice you encountered in public places, lack of information about sexuality of people with disabilities...). (max 300 words)

Why would you like to take part in this workshop?

Additional Requirements

Will a personal assistant/support be attending the course with you?

Yes: No:

Name of your personal assistant: _____

Do you have any specific learning needs?

Please describe if you require the information to be delivered to you in certain format. It will help us make the training as accessible as possible for you.

Name: _____ Date: _____

**Your application form should be completed and submitted
NO LATER THAN 18 September 2017**